Essentials of Understanding Abnormal Behavior, Brief



Abnormal Behavior



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This brief text offers the same sociocultural focus, multicultural models, topical coverage, and engaging style of its parent text in a condensed, student-friendly format.

The wealth of visuals, case studies, examples, and modular reviews combine with thorough research updates, making the text a comprehensive tool for abnormal psychology students. Several pedagogical aids help students grasp and retain material. Chapter outlines provide a topical overview while Focus Questions guide students to seek their own answers as they read the chapter. Case studies highlight issues of mental health and mental disorders, using actual clinical files to illuminate topics. In addition, Mental Health in Society boxes focus on mental health issues that carry wide implications for society to stimulate critical thinking, evoke alternative views, and provoke discussion to help students explore a broader meaning of abnormal behavior.

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