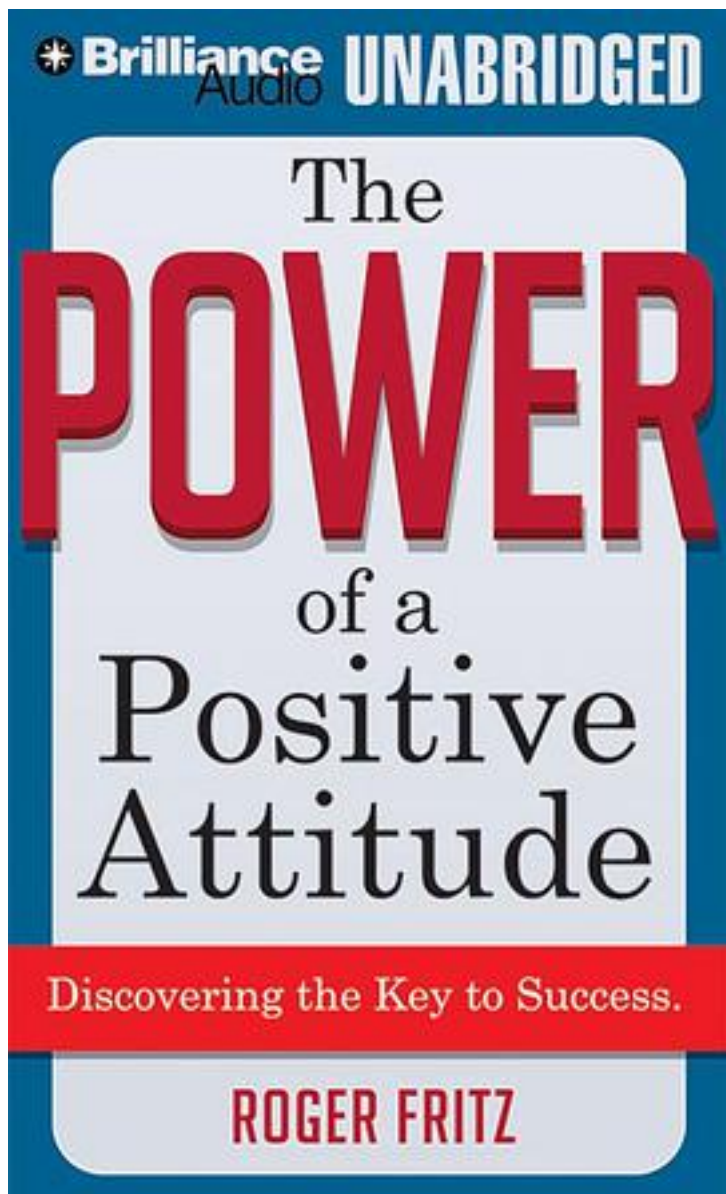


The Power of a Positive Attitude



[The Power of a Positive Attitude_ 下载链接1](#)

著者:Roger Fritz

出版者:

出版时间:2008-6

装帧:

isbn:9780814410134

Review

"An outstanding practical guide showing how positive attitude can positively influence and enhance your personal life and business career."

- Dr. Quinn Mills, Harvard University

Product Description

Attitude affects every facet of our lives--from the way we handle stress to how we communicate at work. The way we view difficulties and setbacks can make the difference between success and failure. Roger Fritz has devoted his career to helping people overcome obstacles and achieve their goals by changing their outlook on life. In *The Power of a Positive Attitude*, he shows readers how to develop a deeper understanding of the effects of their attitude and how it influences not only their performance but the results others achieve. Now, readers can learn to succeed in business by:

assessing their attitude toward themselves and their co-workers * overcoming negative attitudes * learning the dos and don'ts in dealing with their bosses * becoming better listeners * overcoming resistance to change in the workplace * rejecting suggestions without causing resentment * giving and responding to criticism from team members * disagreeing with employees and colleagues without being disagreeable * conquering burnout and stress Life-affirming and authoritative, this is an invaluable book that will empower anyone to face life and work with joy and confidence.

作者介绍:

目录:

[The Power of a Positive Attitude_下载链接1](#)

标签

评论

[The Power of a Positive Attitude 下载链接1](#)

书评

[The Power of a Positive Attitude 下载链接1](#)