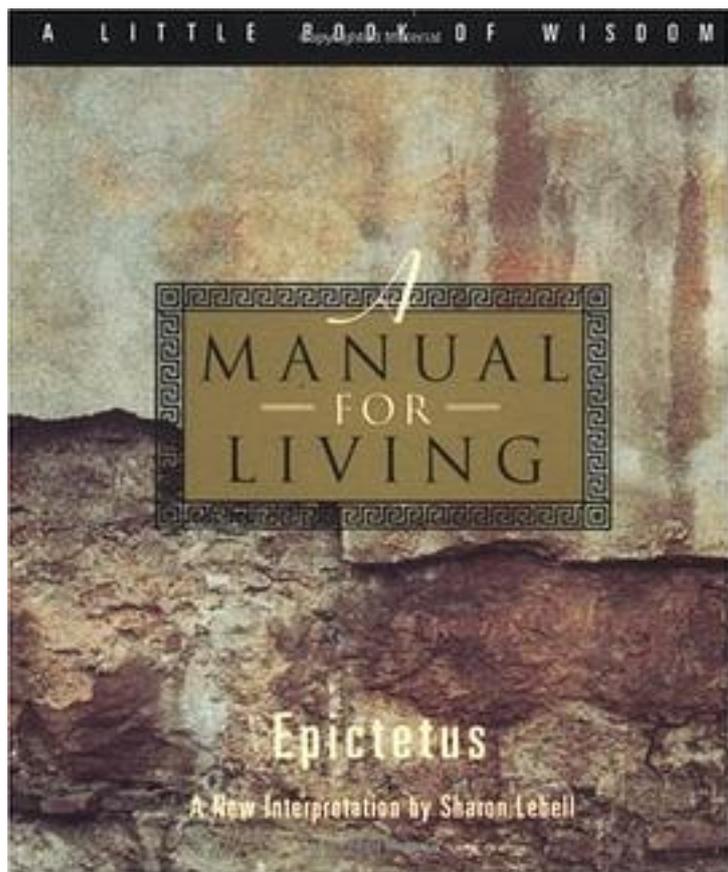


A Manual for Living



[A Manual for Living_下载链接1](#)

著者:Epictetus

出版者:HarperOne

出版时间:1994-6-23

装帧:Paperback

isbn:9780062511119

The essence of perennial Stoic wisdom in aphorisms of stunning insight and simplicity. The West's first and best little instruction book offers thoroughly contemporary and pragmatic reflections on how best to live with serenity and joy.

作者介绍:

目录:

[A Manual for Living_下载链接1](#)

标签

文学

Epictetus

评论

Out of all existing things some are in our power some are not; exercise what's in our power otherwise you will be frustrated. What disturbs your mind is not events but your judgements on events. Behave in life as you would at a banquet.

[A Manual for Living_下载链接1](#)

书评

[A Manual for Living_下载链接1](#)