

# Daybreak



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In every age and every nation, we have always attempted to discover the essence of life--what it is and how it should be lived. As Henry David Thoreau said, "Living is so dear, I did not wish to live what was not life." In Daybreak, Thoreau, James Allen, Ralph Waldo Emerson and William George Jordan share what they have

learned of life. Each of the six essays,  
carefully selected and edited, are full  
with simple, yet profound precepts of  
living:

Only he is rich who owns the day.

Things do not change; we change.

Our life is frittered away by detail

Simplify. Simplify.

The oak sleeps in the acorn; the bird

waits in the egg,

God works in moments.

Happiness consists not of having, but of

being; not of possessing, but of

enjoying

This is a book for everyone who

wants to discover the full richness of

each single day, a companion for all

who continue to celebrate life.

作者介绍:

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