

Hypnosis and Hypnotherapy



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This title examines the history, and classic, current, and emerging research on hypnosis, as well as its uses for physical and mental health. Chapters also highlight what psychologists, neurologists, physicians, and scientists have discovered about how personality, cognition, and brain functions affect, and are affected by, hypnosis. Universities with hypnotherapy programs and courses are also included.

作者介绍:

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