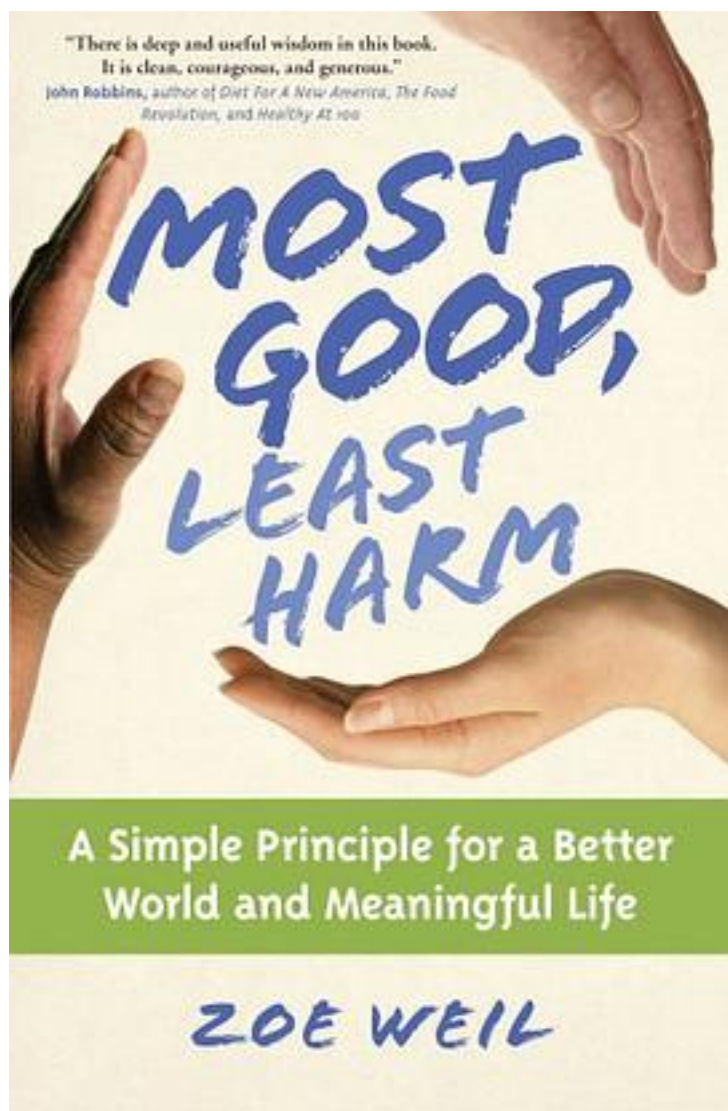


# Most Good, Least Harm



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出版者:Atria Books/Beyond Words

出版时间:2009-01-06

装帧:Paperback

isbn:9781582702063

With a world steeped in materialism, environmental destruction, and injustice, what can one individual possibly do to change it? While the present obstacles we face may seem overwhelming, author and humane educator Zoe Weil shows us that change doesn't have to start with an army. It starts with you. Through her straightforward approaches to living a MOGO, or "most good," life, she reveals that the true path to inner peace doesn't require a retreat from the world. Rather, she gives the reader powerful and practicable tools to face these global issues, and improve both our planet and our personal lives. Weil explores direct ways to become involved with the community, make better choices as consumers, and develop positive messages to live by, showing readers that their simple decisions really can change the world. Inspiring and remarkably inclusive of the interconnected challenges we face today, Most Good, Least Harm is the next step beyond "green" -- a radical new way to empower the individual and motivate positive change.

作者介绍:

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