

# I Love Life



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I Love Life is a collection of stories filled with hope, courage, inspiration, and encouragement. These chapters are not about fictitious characters but real people who have overcome terrific odds and adversities. In spite of it all, each of them joyfully exclaims, "I love life!"

At one time, author Jerry Dahmen did not love life. He hated his very existence.

But the "1 Love Life" concept, which started as a job, eventually captured his spirit and became a way of life. In these chapters, you'll read about people who have changed many lives, including the authors, with their "can-do" philosophy.

Perhaps you have feelings of insecurity or unworthiness, a hollow sense of loneliness inside, maybe a fear of worsening health, or you live in a state of depression. If you're willing, these stories of faith and optimism will touch your heart and soul and make you glad to be alive.

作者介绍:

目录:

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