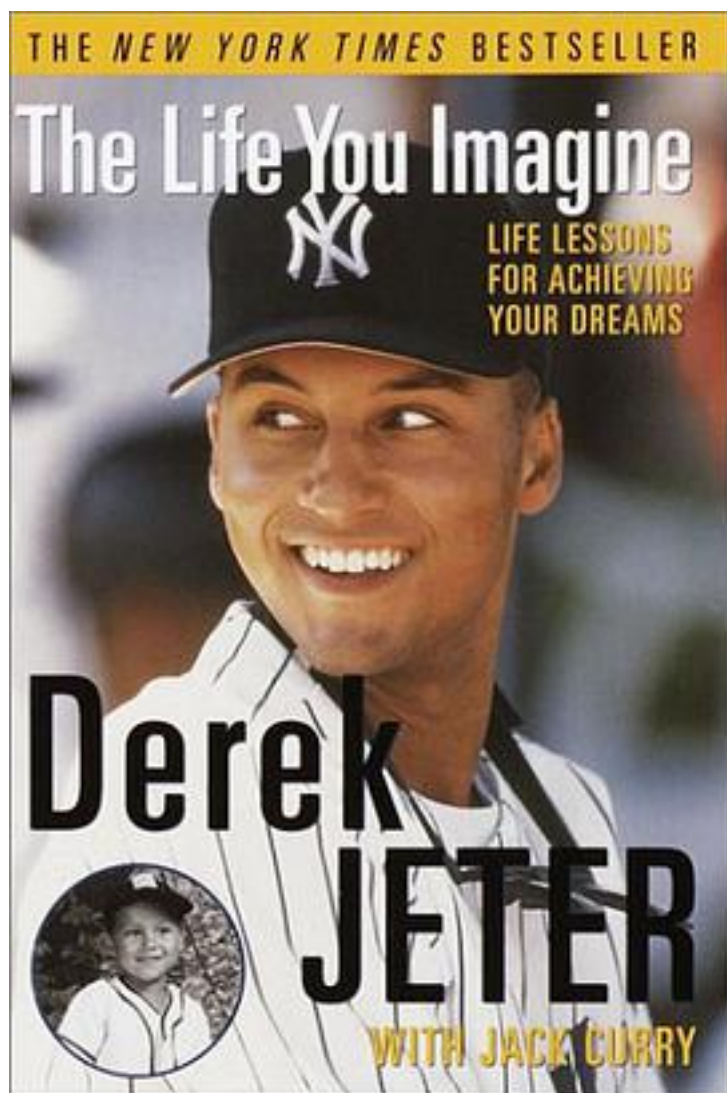


# The Life You Imagine



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著者:Derek Jeter

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Ever wonder what it would take to turn all of your dreams into reality? In *The Life You Imagine*, All-Star New York Yankees shortstop Derek Jeter shows how you can use the same game plan that helped an eight-year-old boy who fantasized about playing baseball for the Bronx Bombers grow up and become MVP of the 2000 World Series. With the help and support of both of his parents, Derek developed a practical program that would assist him in achieving all of his personal and professional aspirations-and now he shares his secrets to success so that you can get closer to living your dream, too.

In this inspiring, information-packed book, Derek provides you with the ten lessons that have guided him throughout his life on and off the field, from his dream of being a gifted, hardworking athlete to his goal of becoming an active community leader. Using personal stories from his own life as a student athlete in Kalamazoo, Michigan, and as a Yankee team player, Derek writes about the simple steps that put him on course for success, including:

- \* Setting your goals high and finding the right role models
- \* Being serious but still having fun
- \* Challenging yourself daily and not being afraid to fail
- \* Surrounding yourself with a strong supporting cast

Filled with rare family photos and pictures of Derek playing for the Yankees, *The Life You Imagine* is an intimate look into the life of a superstar athlete -- including the remarkable relationship he has with his family, what it's like to play with the Yankees, and how he's used his baseball celebrity to found the Turn 2 Foundation, a drug and alcohol prevention program for kids.

作者介绍:

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