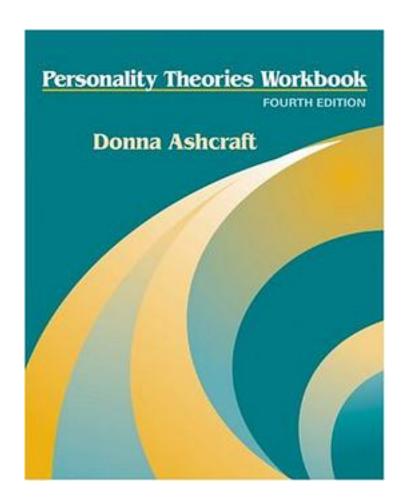
Personality Theories Workbook



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The case studies in PERSONALITY THEORIES WORKBOOK, 4e, help you learn and apply personality theories to real-life examples of typical--rather than abnormal--behavior. While most personality texts present just the major concepts of personality theories, Donna Ashcraft's unique workbook ensures that you thoroughly understand examples

and enables you to put theories into practice. The text's wide range of case studies is accompanied by questions that guide you through an analysis of the case, prompting you to consider how a particular theorist would view it. Additional exercises ensure that you understand the differences between each theory. Succinct, affordable, and accessible, PERSONALITY THEORIES WORKBOOK, 4e, combines an excellent assortment of cases with critical-thinking questions and greater application of theories to your personal life. The result is solid understanding.
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