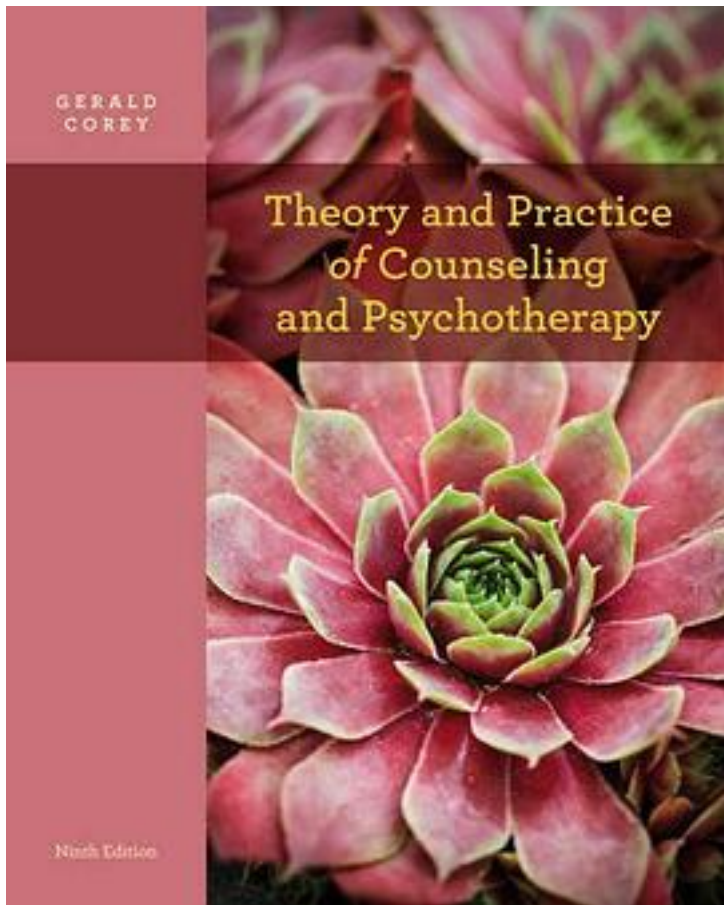


Theory and Practice of Counseling and Psychotherapy



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Develop your own counseling style using Corey's bestselling THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY. You will see the major theories of counseling

(psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist and, and postmodern approaches) as they are used in practice through a case study focused on one client, "Stan." The case of "Stan" appears in each chapter so you can see how the theory presented in that chapter informs therapeutic decision-making. The new "Theory in Practice: The Case of Stan" DVD is an extension of the text. "At a Glance" charts pinpoint the major differences between theories in areas such as multicultural focus, basic philosophies, and limitations.

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评论

非常好读也长知识的心理咨询手法书.

制定教材，对传统咨询技巧流派的入门级介绍，能总结出的东西很少。配套DVD必看要不然书用处不大。

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