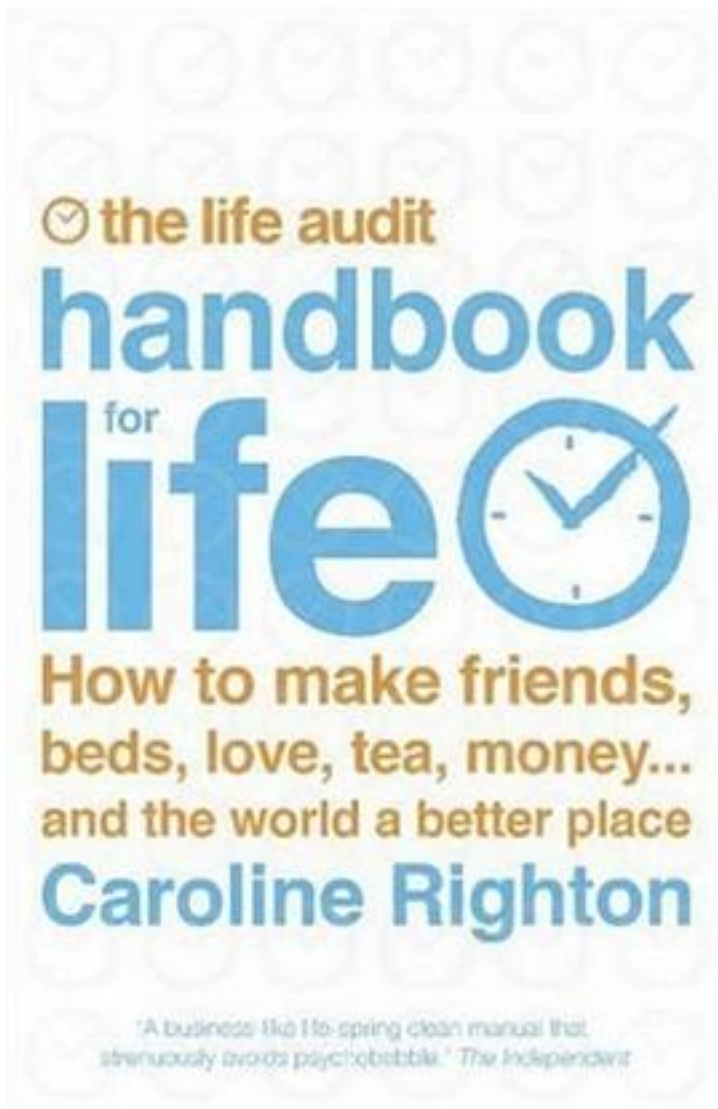


The Life Audit



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How much time do you spend dreaming about the things you would love to do - just as soon as you've got the things you HAVE to do out of the way?

Whether you just want to make more time in your life, or plan a whole new way ahead, The Life Audit helps you ask the big questions about the direction your life is taking and provides the clear focus you need to take stock of where you are now, fast track towards your chosen goals - and arrive where you were always meant to be. It offers a simple technique for working out what you do with your time and how you can make every moment work for you. You can use the system for whichever crossroads in life you have reached, from student days through mid-life to retirement. It's simple and it really works. Packed with great advice and real-life success stories, The Life Audit is set to turn your life around. Make your first big choice and open the door to the life you want.

作者介绍:

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