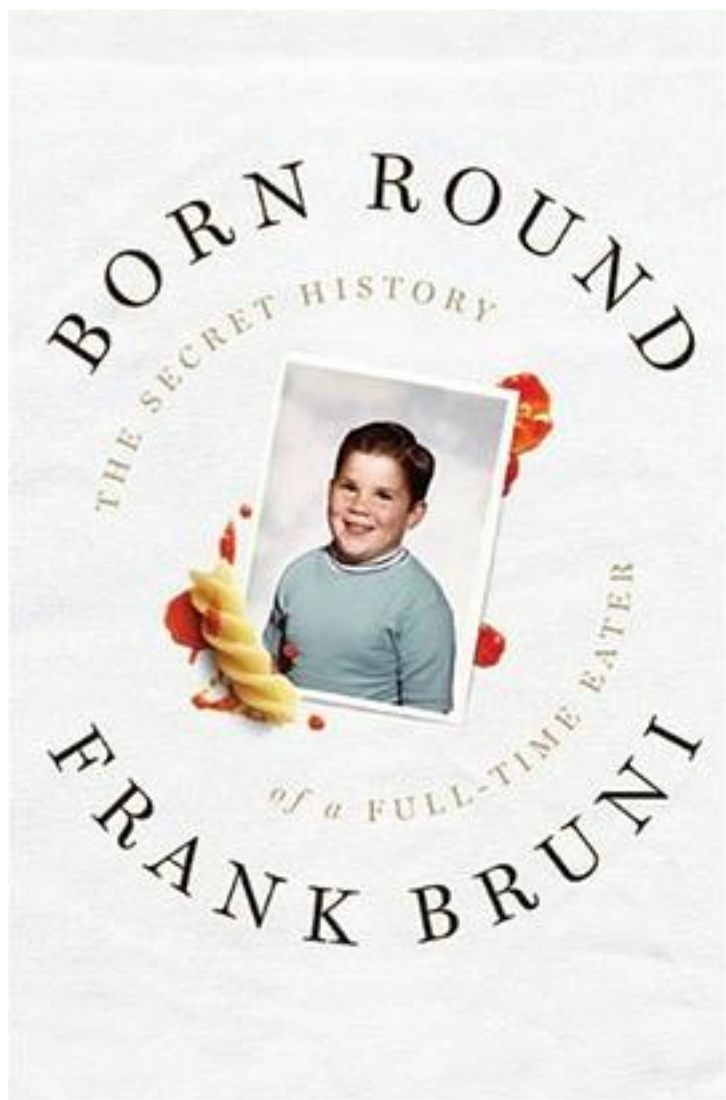


# Born Round



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著者:Frank Bruni

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Frank Bruni was born round. Round as in stout, chubby, and hungry, always and endlessly hungry. He grew up in a big, loud Italian family in White Plains, New York, where meals were epic, outsize affairs. At those meals, he demonstrated one of his foremost qualifications for his future career: an epic, outsize appetite for food. But his relationship with eating was tricky, and his difficulties with managing it began early.

When he was named the restaurant critic for the New York Times in 2004, he knew enough to be nervous. He would be performing one of the most closely watched tasks in the epicurean universe; a bumpy ride was inevitable, especially for someone whose writing beforehand had focused on politics, presidential campaigns, and the Pope.

But as he tackled his new role as one of the most loved and hated tastemakers in the New York restaurant world, he also had to make sense of a decades-long love-hate affair with food, which had been his enemy as well as his friend. Now he'd have to face down this enemy at meal after indulgent meal. His Italian grandmother had often said, "Born round, you don't die square." Would he fall back into his worst old habits? Or had he established a truce with the food on his plate?

In tracing the highly unusual path Bruni traveled to become a restaurant critic, Born Round tells the captivating story of an unpredictable journalistic odyssey and provides an unflinching account of one person's tumultuous, often painful lifelong struggle with his weight. How does a committed eater embrace food without being undone by it? Born Round will speak to every hungry hedonist who has ever had to rein in an appetite to avoid letting out a waistband, and it will delight anyone interested in matters of family, matters of the heart, and the big role food plays in both.

作者介绍:

Frank Bruni (born on October 31, 1964 in White Plains, New York) is the Chief Restaurant Critic of The New York Times, a position he has held since April, 2004.

He wrote in Men's Vogue of his search for a workout to combat the calories he consumes as a food writer.[1] And he wrote in the April 2008 issue of Men's Vogue of his addiction to sleeping pills.[2] Bruni will move over to Times Magazine from The New York Times in August 2009, which is also when his book, "Born Round: the Secret History of a Full-Time Eater" is scheduled to be released. [3]

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Memoir

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## 评论

Finished the audiobook. The most interesting part to me--which is also the reason why the book attracted me in the first place--does not occur until Chapter 18. Finally, life of a food critic!!! I guess I didn't go into this book expecting it to be a full-blown memoir, but it is fine the way it is.

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## 书评

I looked forward to this book because it was written by a NYT food critic. The part that I looked most forward to--which is also the portion that was used as the \*hook\* of this book--does not occur until chapter 18. This was the part that I enjoyed the most...

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我是在NYT上看到了这本书的介绍的，正在积极搜寻中。  
封面上这个胖胖的小男孩是这个书名可爱的注解，一个天生圆圆胖胖的人仿佛生来就是为美食而存在的。  
在看到这本书的节选时我总会想起《料理鼠王》里那个热爱厨艺的小老鼠，那个总是尖酸刻薄却有着赤子之心的美食评论家，以...

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