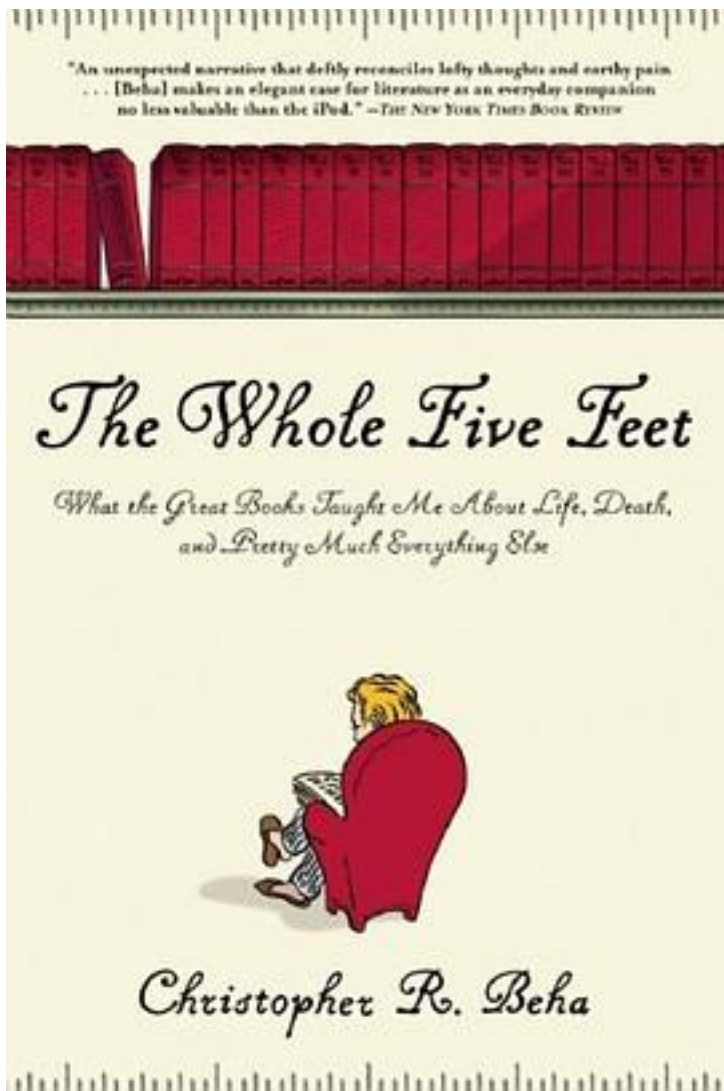


The Whole Five Feet



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出版者:Grove Press

出版时间:2009-5-6

装帧:Hardcover

isbn:9780802118844

In *The Whole Five Feet*, Christopher Beha turns to the great books for answers after undergoing a series of personal and family crises and learning that his grandmother had used the Harvard Classics to educate herself during the Great Depression. Inspired by her example, Beha vows to read the entire Five-Foot Shelf, one volume a week, over the course of the next year. As he passes from St. Augustine's *Confessions* to Don Quixote, from Richard Henry Dana's *Two Years Before the Mast* to essays by Cicero, Emerson, and Thoreau, he takes solace in the realization that many of the authors are grappling with the same questions he faces: What is the purpose of life? How do we live a good life? What can the wisdom of the past teach us about our own challenges? Beha's chronicle is a smart, big-hearted, and inspirational mix of memoir and intellectual excursion—and a powerful testament to what great books can teach us about how to live our own lives.

作者介绍:

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