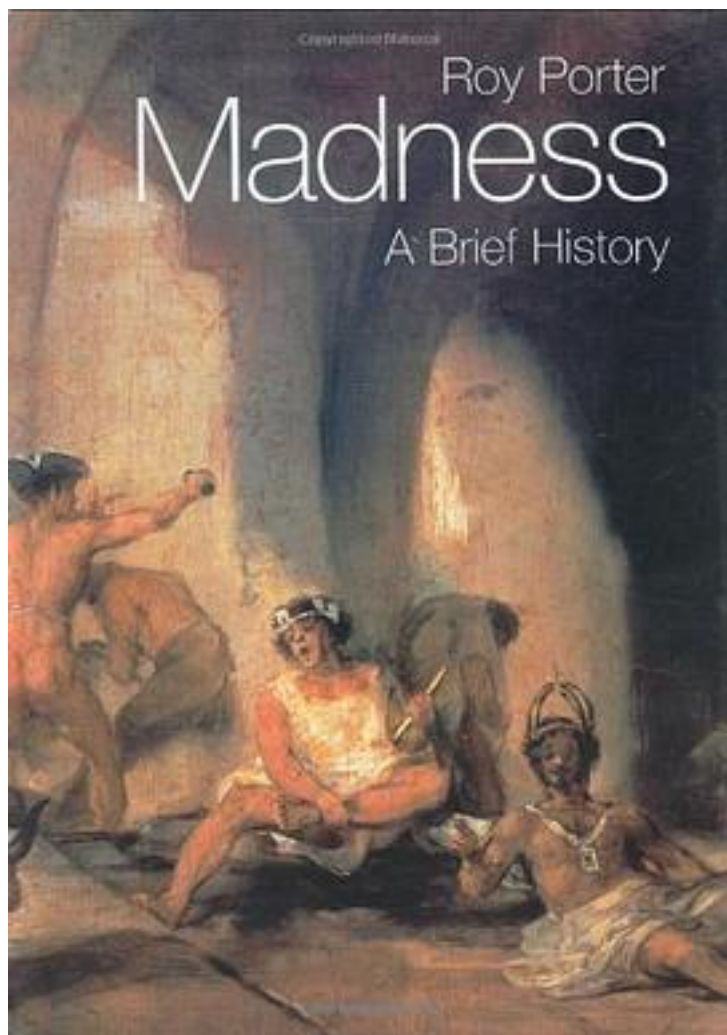


Madness



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著者:Marya Hornbacher

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When Marya Hornbacher published her first book, *Wasted: A Memoir of Anorexia and*

Bulimia, she did not yet have the piece of shattering knowledge that would finally make sense of the chaos of her life. At age twenty-four, Hornbacher was diagnosed with Type I rapid-cycle bipolar, the most severe form of bipolar disorder.

In *Madness*, Hornbacher tells her new story. Through scenes of astonishing visceral and emotional power, she takes us inside her own desperate attempts to counteract violently careening mood swings by self-starvation, substance abuse, numbing sex, and self-mutilation. How Hornbacher fights her way up from a madness that all but destroys her, and what it is like to live in a difficult and sometimes beautiful life and marriage—where bipolar always beckons—is at the center of this brave and heart-stopping memoir.

Millions of people in America today are struggling with a variety of disorders that may disguise their bipolar disease. Marya Hornbacher's fiercely self-aware portrait revolutionizes our understanding of this all-too-common, all-too-misunderstood disorder.

作者介绍:

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标签

Psychology/Psychiatry

评论

still vivid, cutthroat and void of soft BS, which is one of the main reasons Marya is my girl. But lacks the relevancy of 'Wasted' - perhaps due to lack of bipolar experience on my part.

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书评

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