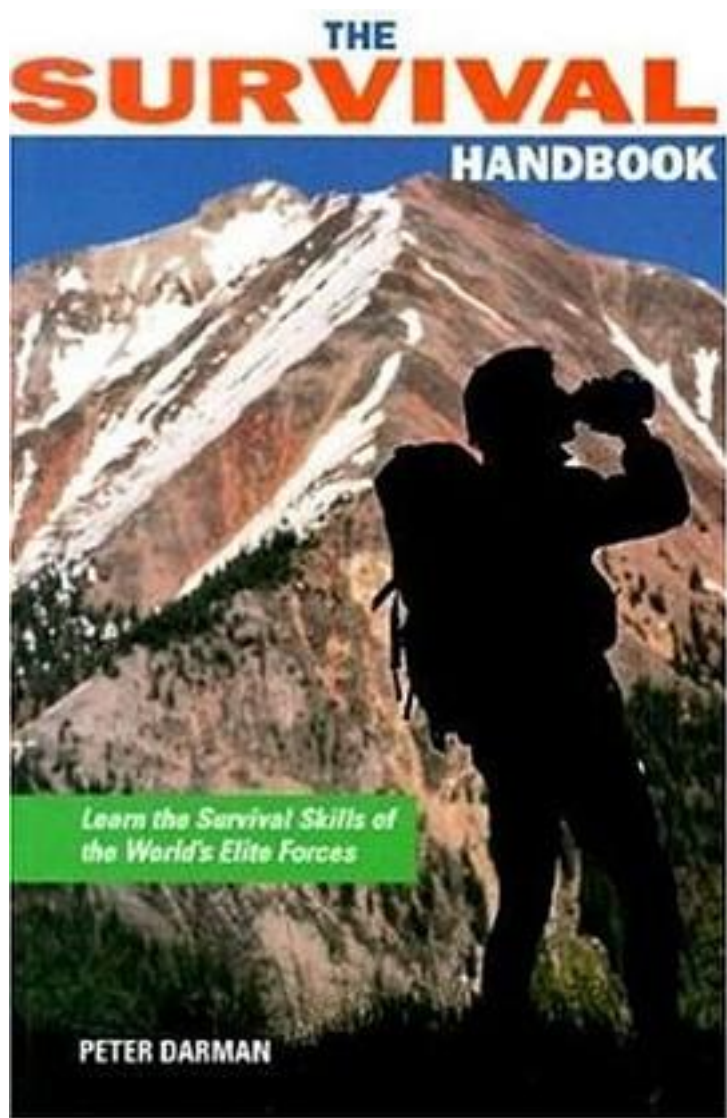


# The Survival Handbook



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著者:Colin Towell

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As we come to rely on technology in almost every aspect of our everyday lives, there is a large and ever-growing interest in how we would survive without the conveniences of the modern age. The Survival Handbook: Essential Skills for Outdoor Adventure shows you not only how to adapt in such circumstances, but also how to thrive in the wilderness environment.

Packed with specially commissioned, crystal-clear, step-by-step illustrations for every survival technique, from what to do if you meet a bear in the woods to how to navigate by the stars, this book also includes exciting stories of real-life survival--what happened, who survived, and how they did it.

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# 评论

彩图本读起来比较爽，配合Man Vs Wild一起读～

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虽然没都看完，但本书很不错，巨细无遗，上路前应该认真读读。

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GO WILD!!!

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我们去打僵尸吧~

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# 书评

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