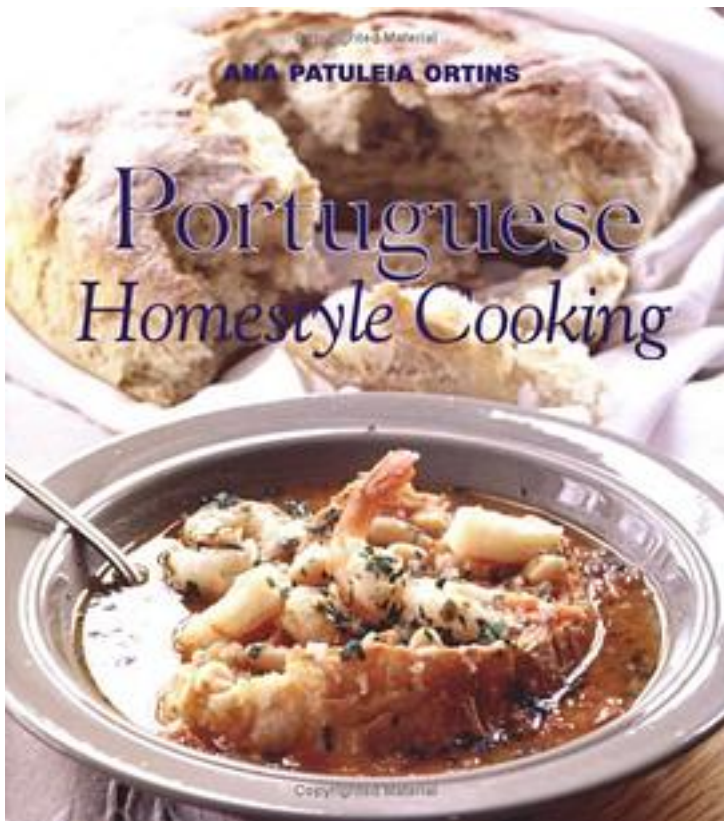


# Portuguese Homestyle Cooking



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著者:Ana Patuleia Ortins

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Everyone loves Mediterranean food, but few can put their finger on exactly what makes the understated peasant food of Portugal so beguilingly delicious and distinct from the cuisine of its near neighbours. Peppered with a lifetime of anecdotes from a passionate cook steeped in the local ways of life, "Portuguese Homestyle Cooking" draws readers into the kitchen where traditional culinary methods have been handed down generation-to-generation, shared and refined with the help of family and friends who

have watched, chopped, stirred and tasted. Featuring over 150 delicious recipes - from hearty soups to sumptuous seafood platters - and accompanied by stunning full-colour photography throughout, this authentic cookbook is a welcome addition to all food lover's bookshelves.

作者介绍:

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