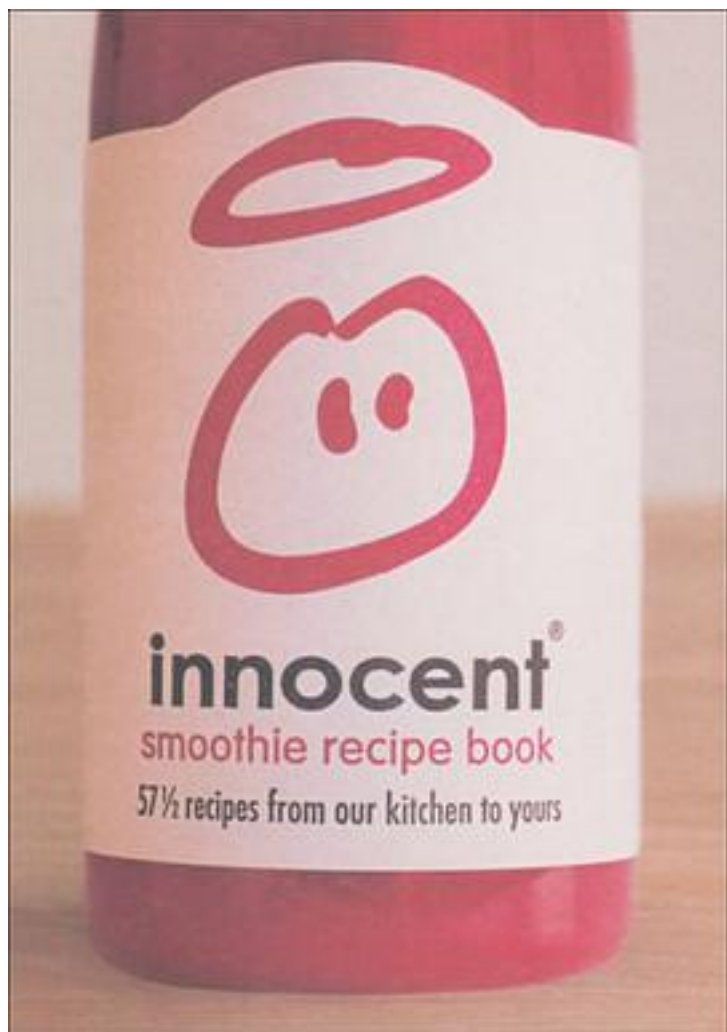


Innocent Smoothie Recipe Book



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著者:Innocent

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The smoothie and juice recipes from the innovative team behind Innocent, the UK's

largest growing food and drink company. Innocent is now five years old, and has grown into the UK's largest smoothie company, selling over 18 million bottles in 2004. Innocent smoothies and juices are sold in cafes and shops all over Britain, with the company's insistence on using 100% natural ingredients proving a winning policy in these health-conscious times. At Innocent, taste comes before anything else, so this new juicing recipe book focuses on great-tasting drinks made using combinations of healthy ingredients that actually taste great. Simple, clean and uncluttered in terms of design, filled with gorgeous photographs and written in the recognisable Innocent tone, this book will be a joy to hold and own for anyone serious about good health and great taste.

作者介绍:

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