

Chicken Soup for the Soul



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著者:Canfield, Jack/ Hansen, Mark Victor/ Rehme, Carol Mcadoo/ Evans, Patricia Cena

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This book provides support during an emotional but exciting time for parents -- sending their children off to college, new homes, or careers. With 101 stories written by parents who have been there already, this terrific book is a must-read for empty nesters or soon-to-be empty nesters. Stories about gazing at surprisingly clean bedrooms, starting new careers, rediscovering spouses, and handling the continuing, and often humorous, needs of their children will inspire, support, and amuse parents grappling with their own bittersweet new freedom. Parents, you will nod your heads, cry a little, and laugh a lot as you recognize yourselves and your almost grown-up children in these oh-so-true stories.

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