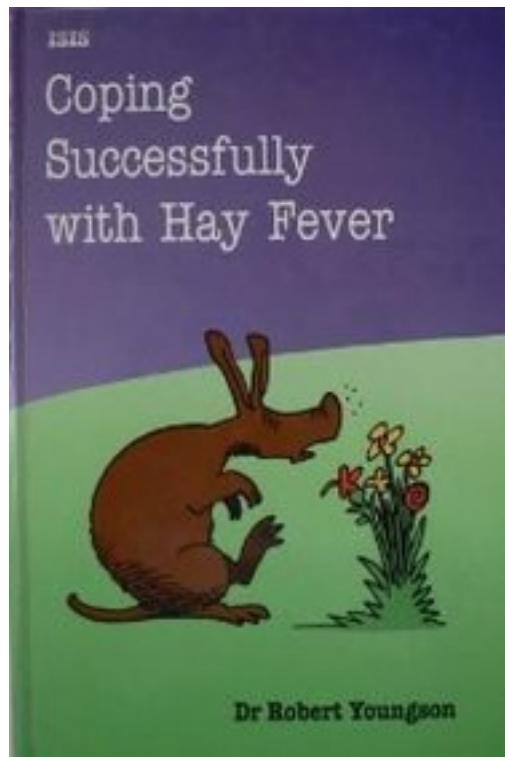


Coping Successfully With Hay Fever (Transaction Large Print Books)



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出版者:ISIS Large Print Books

出版时间:1997-06

装帧:Hardcover

isbn:9781856950749

Every year, hundreds and thousands of people suffer distress, discomfort and embarrassment whenever the pollen count rises. Summer misery from hay fever, with itching and watering eyes and nose, constant sneezing, blocked nose and red eyes, takes most of the pleasure out of life, and can cause problems for people taking exams in summer. For sufferers of this distressing condition, the key to personal management is given in dear and straightforward terms.

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