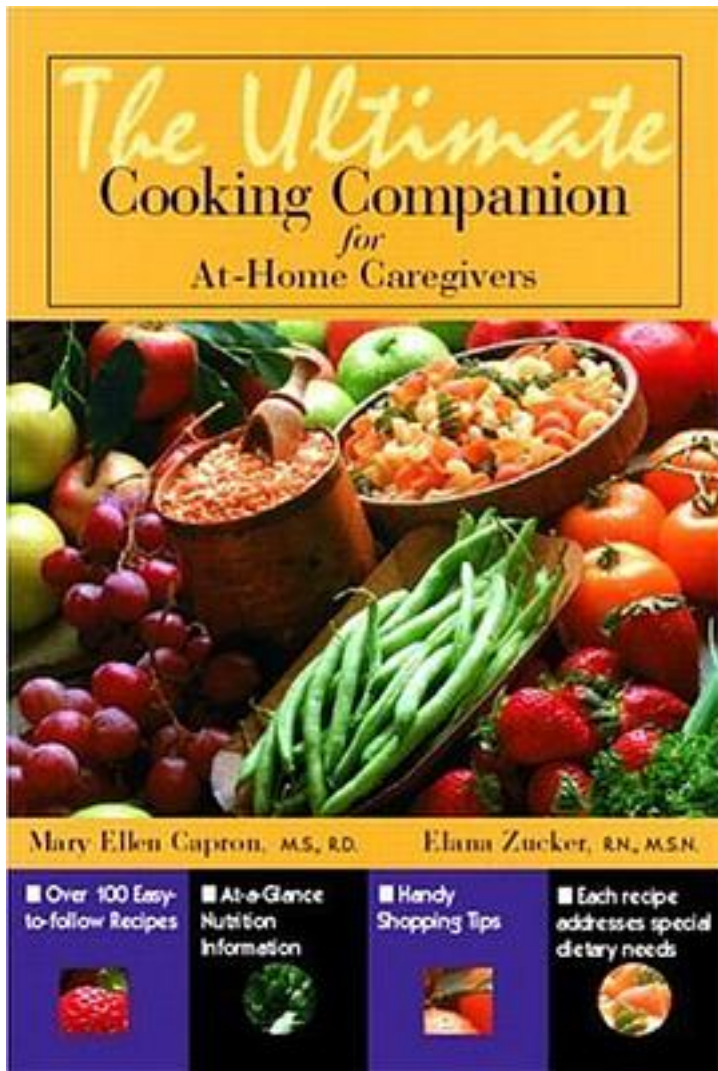


Ultimate Cooking Companion for At-Home Caregivers



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For courses in Homemaker/Home Health Aide certification and Nutrition for at-home caregivers. Written by a multidisciplinary team of practicing home care, nutrition, and education professionals, this reference is designed to assist at-home caregivers as they plan and cook meals, assist with feeding, and model the very best nutritional related practices. Providing both reference material and practical "how to" information in easy-to-read, table-and-chart format, it features a collection of tested recipes geared to simple, basic fare-which can be individualized to include ethnic preferences, age-related preferences, and economic circumstances. Both safety and convenience are themes which run throughout the book.

作者介绍:

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