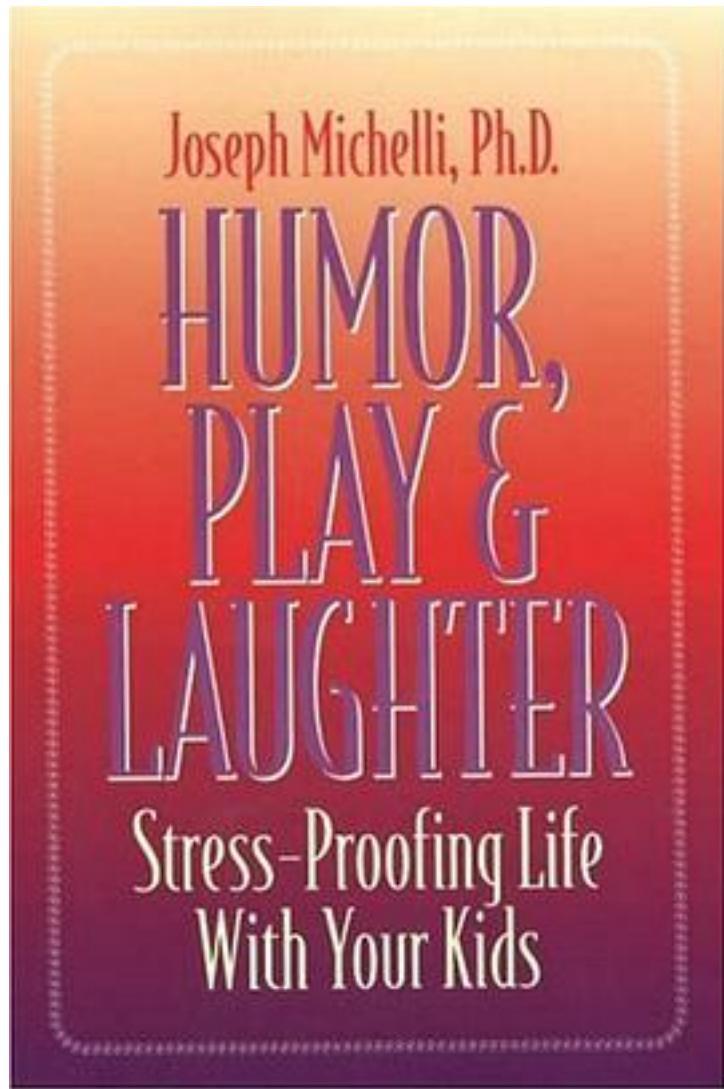


Humor, Play and Laughter



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Parenting does not have to be a stressful experience. In fact, parents who 'lighten up' and laugh with their families can be more productive by using humour to ease conflict, deflect hostility, and create a feeling of well-being in the household. Readers will benefit from the author's many everyday examples of how a humorous approach can greatly improve family life.

作者介绍:

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