Why Men Stray and Why Men Stay: How to Keep Your Man Monogamous



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What every women needs to know about making the commitment last! If you want your relationship to last-in spite of the outside temptations, changing expectations, and just plain boredom that destroy many marriages and other long-term relationships-you need to understand how men think and why they act the way they do. Susan Kelley has interviewed hundreds of men on what makes the "stay or stray." She shows that getting a man "involved" is only the first step in a long journey of compromise, patience, and flexibility that can create the secure, fulfilling, long-lasting relationship you want. In Why Men Stray, Why Men Stay, men get to say what s really on their minds. And once you know what men are really looking for-as well as the warning signs that can signal trouble on the horizon-you ll know how to make sure that your relationship is one of the exceptional few that survive. Whether you re married or single, having trouble in your relationship, or just hoping to avoid it-or if you re just baffled by the way men act-this book is for you!

作者介绍:

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