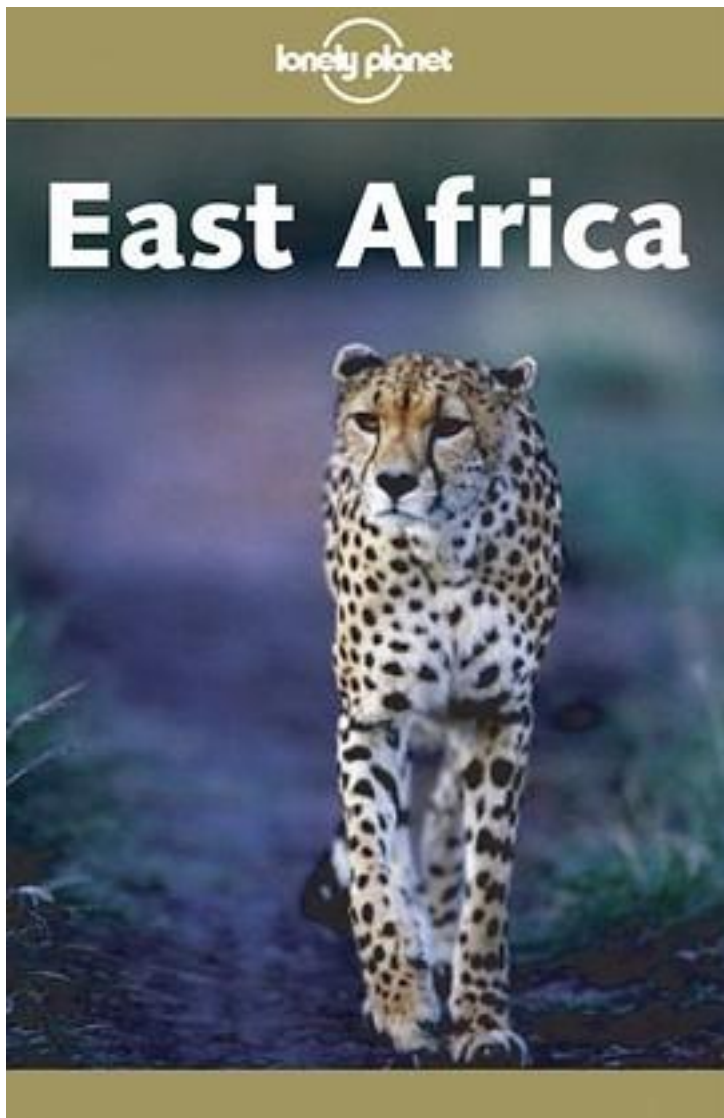


# Lonely Planet East Africa



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Experience the best of East Africa with Lonely Planet. Our 8th edition will take you from the wet and wild activities at the source of the Nile, to wildlife watching in the Serengeti. You'll trek past the equatorial glaciers of Mt Kenya and relax on picture-perfect beaches in the Zanzibar Archipelago. Lonely Planet guides are written by experts who get to the heart of every destination they visit. This fully updated edition is packed with accurate, practical and honest advice, designed to give you the information you need to make the most of your trip. In this guide: the only guidebook to the entire region of East Africa; color wildlife-spotting guide helps you tell a kudu from a Thomson's gazelle; and the unique Green Index highlights the best ecofriendly options.

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