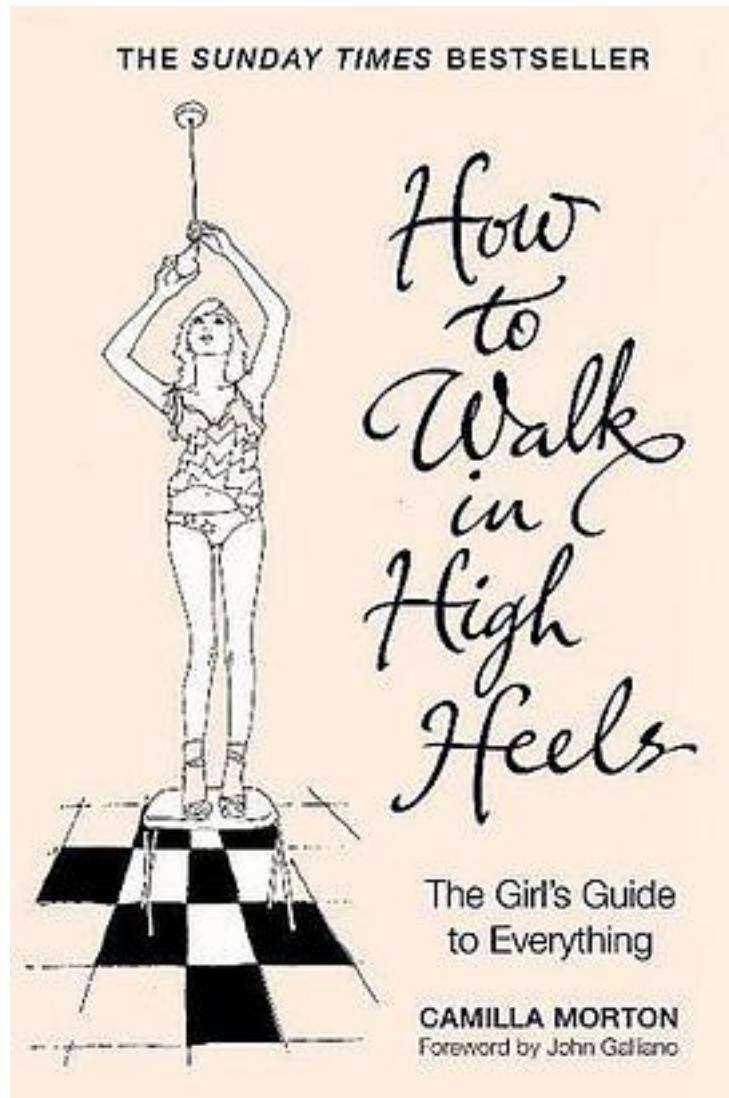


# HOW TO WALK IN HIGH HEEL



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著者:Camilla Morton

出版者:Hodder & Stoughton Ltd; 第2版

出版时间:2006-7-13

装帧:平装

isbn:9785555360649

## Book Description

The bestselling U.K. sensation, hailed as "the most fabulous instruction manual the world has ever seen" by *Vogue.com*

Can you make yourself up in five minutes flat? Make the first move without breaking a sweat? Hang a picture without becoming unhinged? Get out of a car -- or an unpleasant situation -- gracefully in a short skirt? Load an iPod as effortlessly as a dishwasher? If not, international style and fashion journalist Camilla Morton can help you navigate these and more than two hundred other hazards of modern living with grace and aplomb. Much more than just a style manual or crash course in social skills, *How to Walk in High Heels* also illuminates the finer points of achieving better homes and gardens, tackling technophobia, climbing the career ladder, and joining the jet set.

From the practical, such as what to do when a heel breaks and how to catch a mouse, to the imaginative, such as how to enjoy karaoke and swim in sunglasses, *How to Walk in High Heels* overflows with useful nuggets of advice delivered in the author's inimitable witty style, accompanied by a foreword from Dior's John Galliano and a Louis Vuitton trunkful of insight from experts including: -Manolo Blahnik on How to Pick a Shoe -Dolce & Gabbana on How to Get Ready in Five Minutes -Gisele Bundchen on How to Look Good in a Photo -Jade Jagger on How to Compile Your Own Soundtrack

This comprehensive do-everything-better bible takes the guesswork out of flaunting your fabulousness so that you can stop teetering and start striding confidently through the obstacle course of life.

## Synopsis

From appreciating wine to understanding modern art, placing a bet to playing poker, wearing a hat to finding the mains, *HOW TO WALK IN HIGH HEELS* helps you navigate life's challenges with style. Camilla Morton has been ably assisted by a host of experts including Manolo Blahnik, who tells you How to Pick a Shoe, Gisele, who explains How to Look Good in a Photo and Anya Hindmarch, who reveals How to Pack a Suitcase. Funny and informative, filled with great quotes and fascinating facts this will transform your approach to everything from getting dressed to hanging wallpaper. Turn your exasperated aaaaarrrrghs into confident ahhhhs!

作者介绍:

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