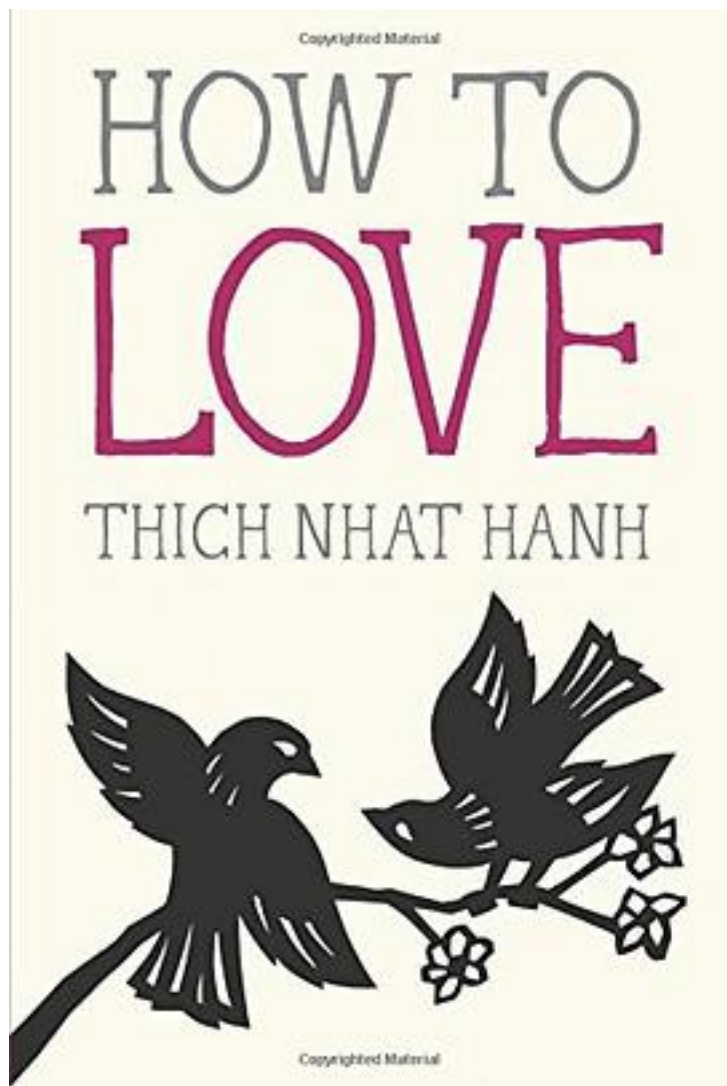


How to Love



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著者:Gordon Livingston, M.D.

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Review

Baltimore Sun, 5/31/09

“Livingston writes clearly, knowledgeably and with a wry humor as he discusses personality types to avoid (narcissists are No.1), virtues to look for and to inculcate in ourselves (flexibility ranks high) and ways to improve relationships (try reciprocal kindness)···A must-read.”

Boston Globe,, 6/7/09

“As gracefully written as Erich Fromm’ s classic The Art of Loving, How to Love recognizes the things in love that last, and may alter the way you look at others and yourself.”

Product Description

Dr. Gordon Livingston’ s books have resonated with readers as universally and deeply as earlier books by M. Scott Peck, Rollo May, and Erich Fromm. Now, Gordon Livingston—a physician of the human heart, a philosopher of human psychology—offers an urgently needed meditation on who best (and who best not) to love—and how best to love. Dr. Livingston’ s primary focus in this new book is on helping us to recognize in ourselves and in others constellations of character traits and what those traits imply both with regard to compatibility and future conduct. As in his previous books, here are Dr. Livingston’ s trademark gifts—an unerring sense of what is important, and what Elizabeth Edwards has characterized as “his unapologetic directness and his embracing compassion” —again deployed to provide readers everywhere with a much-needed alternative to the trial-and-error learning that makes wisdom such an expensive commodity.

作者介绍:

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标签

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评论

睡前催眠读物 韩语版读起来太像教科书 几次都想把这老头从书里拽出来对他咆哮
“应该不应该应该不应该的，哪个要让你教？！”

想找到一个合适的人谈恋爱、组建家庭？你要先成为一个擅长洞察人心的心理高手，甚至需要成为一个能够看到此人未来行为模式的先知。作者作为一名心理咨询师，通篇的套话和空话却没能让人感到丝毫温暖。我读的是韩文版，不知道是不是翻译的问题，很多篇章的标题与正文内容相距较远，看到最后也不知道标题与正文究竟是如何个呼应法。
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书评

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