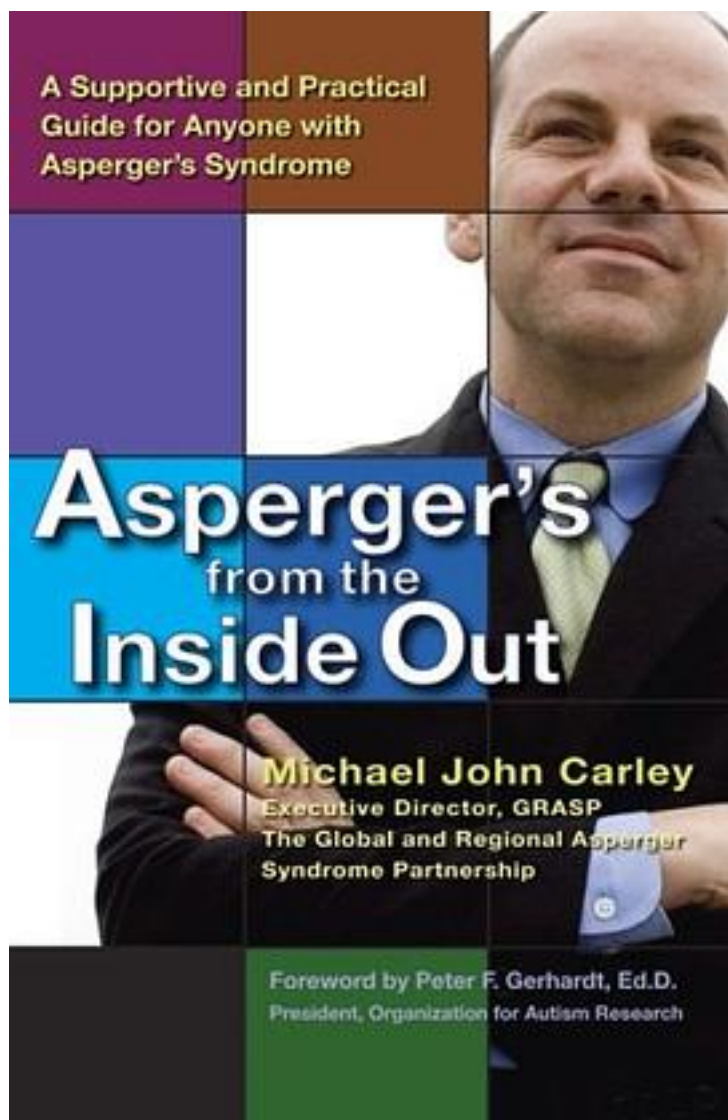


# Asperger's From the Inside Out



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著者:Michael John Carley

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An intimate, engaging, and insightful guide to coping with Asperger's-from one of the condition's most passionate advocates.

Michael John Carley was diagnosed with Asperger's Syndrome at thirty-six-when his young son received the same diagnosis. This fascinating book reveals his personal experience with the confusion and trauma associated with this condition-and offers insights into living an independent and productive life.

Now the Executive Director of the world's largest Asperger's organization, Carley helps readers in such areas as:

- Social interactions
- Nurturing interests
- Whom to confide in-and how
- Dealing with family and loved ones
- Finding work that suits your strengths and talents

作者介绍:

麥克．約翰．卡利（Michael John Carley）

目前擔任GRASP（亞斯伯格症全球及區域合作組織）執行長，該機構為全球最大的泛自閉症成人患者組織。多篇文章發表於《泛自閉症季刊》（Autism Spectrum Quarterly）和《自閉症／亞斯伯格症文摘》（Autism/Asperger Digest）。常出現於許多知名媒體，如《紐約時報》、《華盛頓郵報》、《洛杉磯時報》以及CNBC、NPR等。目前與妻子和兩個兒子住在紐約。相關詳細資訊，可上[www.grasp.org](http://www.grasp.org)網站查詢。

譯者簡介

嚴麗娟

台大外文系畢業，英國倫敦大學學院（UCL）語言學碩士及西敏斯特大學（Westminster）雙語翻譯碩士。譯作包括《自閉兒瑜伽療法》、《生物科技大商機》、《女人要的不只是愛》、《暖化？別鬧了！》、《吃對營養，享瘦健康：德國方法醫師的代謝平衡密碼》、《猩猩心事：寧姆猩猩斯基的故事》等書。

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