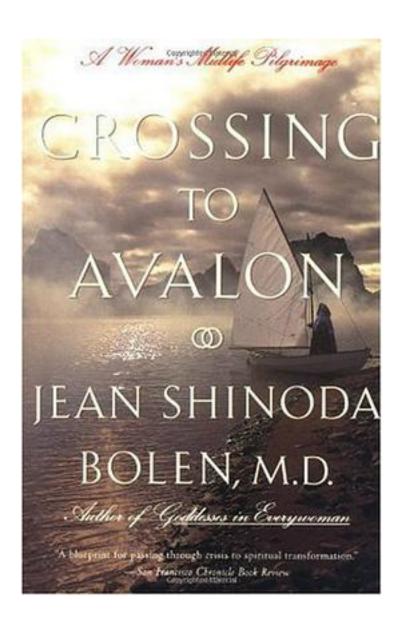
Crossing to Avalon



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出版者:

出版时间:1995-2

装帧:

isbn:9780062502728

Dr. Jean Shinoda Bolen's magnificent spiritual autobiography is the story of a call to adventure, the mystery of the feminine, and the extraordinary pilgrimage that marked her mid-life passage. Bolen frames the search for meaning at mid-life as a quest for the mysterious lost Grail of the Arthurian legend. For Bolen, the Grail represents the elusive object of a lifelong search for what is missing from our lives as well as from our culture. Bolen's pursuit takes her on an incredible journey to Europe that leads her to discover the importance of her own history, the changes and challenges at mid-life, and the meaning of the goddess in the lives of women. During a particularly difficult time in her life, Jean Bolen quite unexpectedly received a package in the mail from England. Inside was a beautiful gold pendant in the shape of an ancient archetypal image along with an invitation to make a pilgrimage to Chartres, Glastonbury, Iona and other sacred sites in Europe. It was sent by a total stranger, a woman who had come across one of the first copies of Goddesses in Everywoman, Bolen's ground-breaking work on women and archetypal myth. The synchronicity of the invitation was astonishing to Bolen, and she knew instinctively that she had been invited to embark on a quest that would change her life. So began the extraordinary pilgrimage that heralded Bolen's mid-life passage. Inspired by The Mists of Avalon, this tale of her European adventure is interwoven with penetrating psychological and spiritual insights as well as lore from Europe's sacred sites. While on her pilgrimage, Bolen reflects on the mystical experience that brought her into medicine, her awakening to the archetypal feminine through the experience of childbirth, the personal transformations that occurred after her divorce, the sources and significance of mid-life depression, and the importance of female friendship. This multilayered account journeys through and beyond the personal to reflect the mythological significance of the mid-life search for meaning and renewal.

Proving prayer to be as valid and vital a healing tool as drugs or surgery, the bestselling author of Meaning & Medicine and Recovering the Soul offers a bold integration of science and spirituality.

作者介绍:

目录:

Crossing to Avalon_下载链接1_

标签

评论

Crossing to Avalon_	下载链接1

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