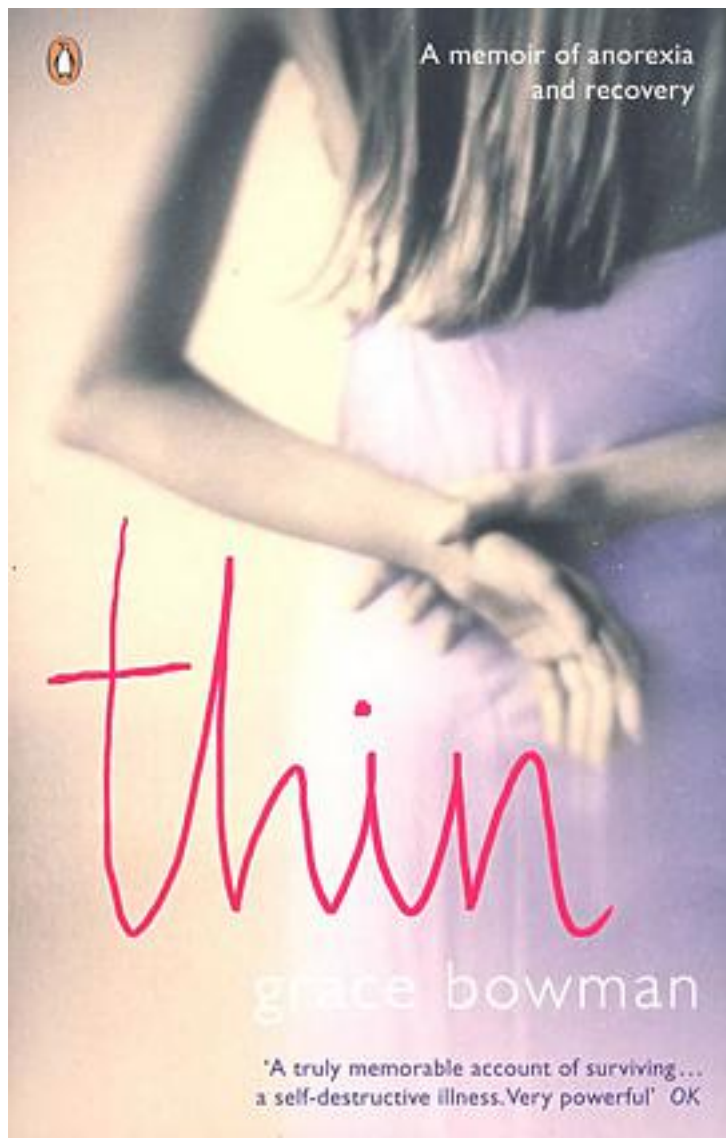


Thin - A memoir Of Anorexia And Recovery 消瘦 – 厌食与恢复的记忆



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著者:Grace Bowman

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Bright, popular, pretty and successful, Grace Bowman had the world at her feet. So what drove her to starve herself nearly to death at the age of 18? And what, more importantly, made her stop? A grippingly honest account of life with anorexia nervosa, "A Shape of My Own" is Grace's heartbreaking, shocking and, finally, inspirational memoir. An extraordinary story, it is also a common one - is there a woman in the western world who has a normal relationship with food? It is a compulsive read, essential for anyone hoping to understand more about eating disorders and overcoming addiction.

作者介绍:

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标签

英文原版

厭食症

thin

Ana

评论

这好像算是写实吧，反正很难看，絮絮叨叨，不知所云，因为厌食症而产生了幻觉吧，不知道作者是不是就是那个厌食症患者，不好看，不推荐

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书评

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