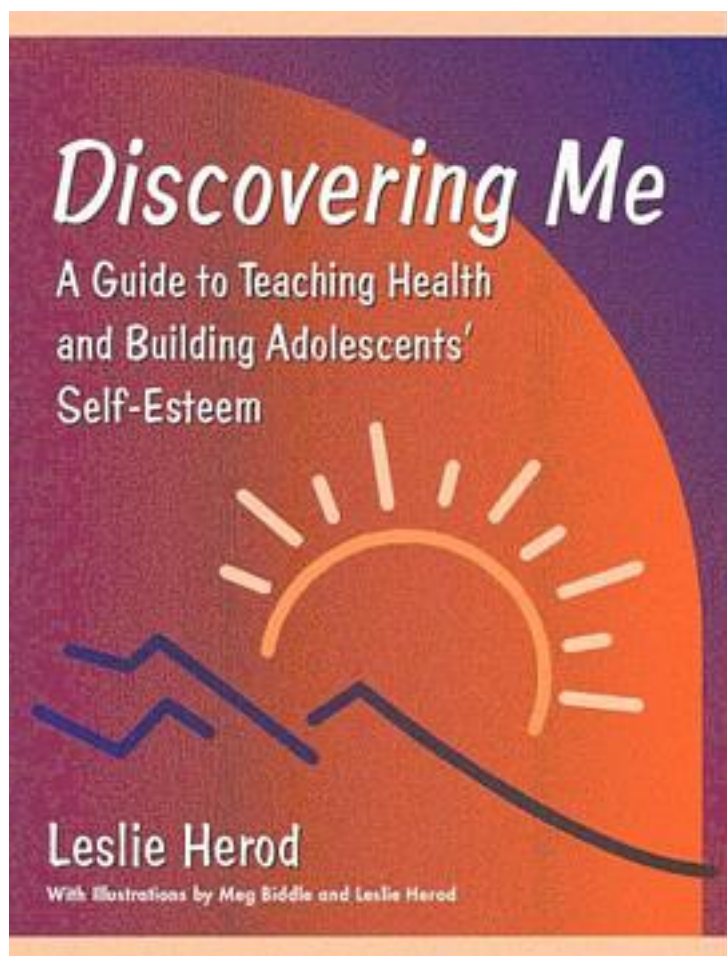


Discovering Me



[Discovering Me_ 下载链接1](#)

著者:Herod, Leslie; Biddle, Meg;

出版者:

出版时间:1999-3

装帧:

isbn:9780205274741

Discovering Me is designed to help teenagers develop high levels of self-esteem while succeeding during adolescence. It is an exciting tool that offers adventures and guidance in presenting those difficult lessons on topics about which teenagers always

seem to want to talk. There are over 150 fun and interactive activities that will challenge, excite, and motivate even the most reluctant teenagers. Discovering Me is a necessary tool for all health teachers and professionals working with teenagers to help students develop essential life skills and pass through adolescence safely and successfully. The book can be used as a curriculum with every lesson offered in a logical progression. Or, the activities, games, and lessons in Discovering Me can be used individually to accentuate an already established curriculum that may need some new life pumped back into it.

作者介绍:

目录:

[Discovering Me_ 下载链接1](#)

标签

评论

[Discovering Me_ 下载链接1](#)

书评

[Discovering Me_ 下载链接1](#)