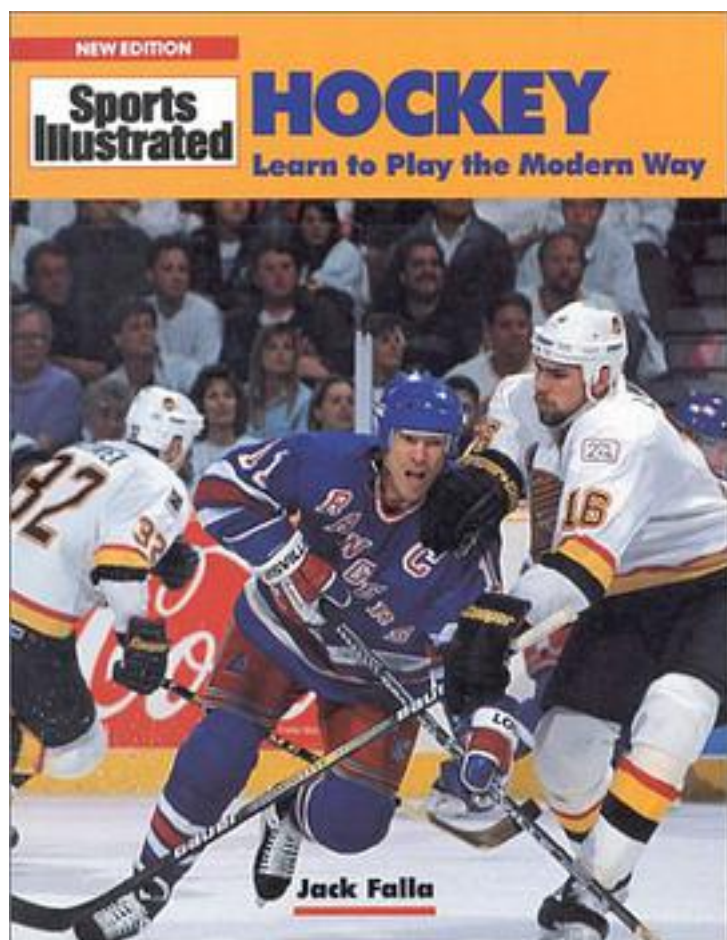


Hockey



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What do Sergei Fedorov, Bret Hedican, and Teemu Selanne have in common? They have agility, balance, control, speed, quickness, and power. And what do all-star goalies have in common? They're competitive, constantly learning, consistent,

organized, and responsible. Building on the popularity of the Hockey the NHL Way books, Hockey: How to Play Like the Pros inspires future pros to do their best to achieve these qualities. This fast-paced compilation features easy-to-follow analysis of the game's core skills; personal tips from the experts; full-color action photographs of players in game situations; and clear, concise how-to instructions with step-by-step photos. Skating, fitness, scoring secrets, defense, and goaltending - it's all here in this indispensable, one-stop how-to manual for both players and coaches. Whether en route to a career in the NHL or skating for enjoyment, young readers will be inspired to do their best no matter what their skill level or position.

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