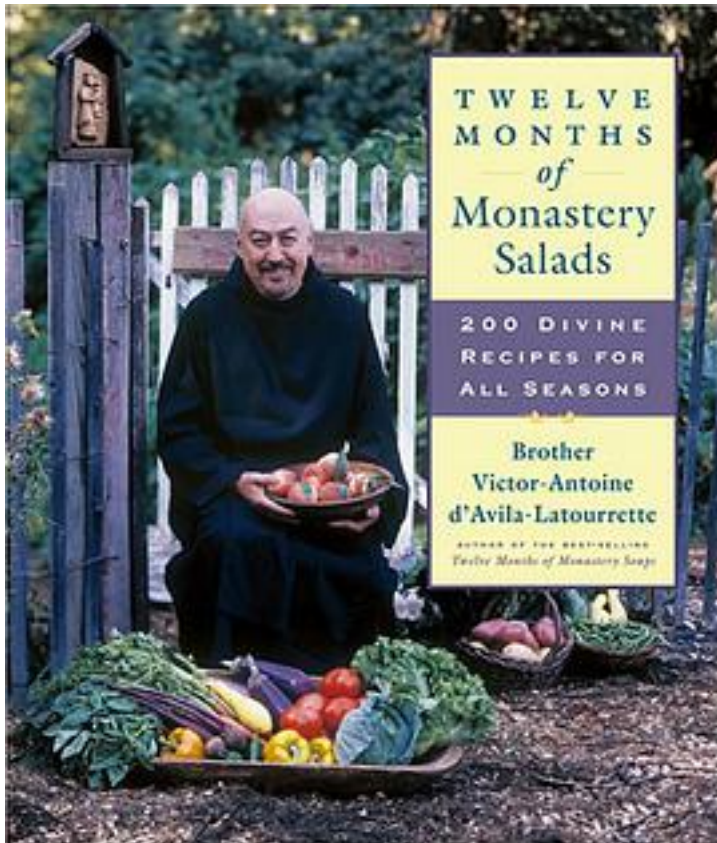


# Twelve Months of Monastery Salads



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著者:D'Avial-Latourrette, Victor Antoine

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In *Twelve Months of Monastery Salads*, best-selling author Brother Victor-Antoine celebrates creative, satisfying salads inspired by natural, wholesome ingredients and the seasonal harvest of the monastery garden. From salads that honor saints to salads from culinary traditions around the world, this collection offers 200 delicious recipes for nutritious plates full of delicacy and good taste. As Brother Victor states in the book's introduction, "A salad, carefully prepared, is always an occasion for

celebration."

作者介绍:

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