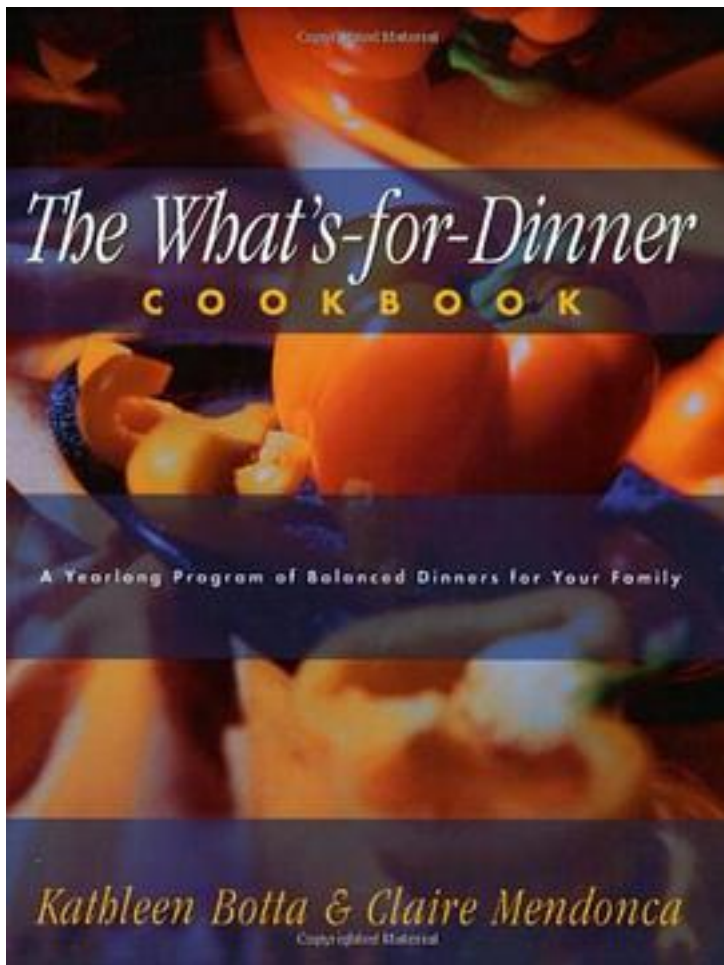


# What's-For-Dinner Cookbook



[What's-For-Dinner Cookbook\\_ 下载链接1](#)

著者:Mendonca, Claire

出版者:

出版时间:

装帧:

isbn:9781581822793

The What's-for-Dinner Cookbook is the brainchild of two friends who for years had asked themselves, "What are we going to have for dinner?" as they thought of how they

would feed their families every evening. The result is a cookbook and kitchen planner designed to help organize the kitchen, plan meals a week at a time, and organize shopping so that the ingredients needed for every meal are available at the right time. Based on the four seasons of the year, the book provides five days of planned, well-balanced dinners for every week. The recipes are kitchen-tested family favorites with an emphasis on fresh seasonal foods, thus encouraging homemakers to save significant money by purchasing ingredients when they are most abundant. Most of the recipes can be prepared in 30 minutes or less. They are presented in such a way that leftovers, such as chicken or roast, can be included in meals planned for later in a week. Quick tips designed to save time and expense are also included. These address such practical matters as when to shred extra cheese or chop an additional onion for use later in the week, which can save time in preparing meals. Extensive weekly and bulk shopping lists are coded by day to allow for family tastes or the requirements of special diets. The What's-for-Dinner Cookbook is perfect for busy moms, new parents and working parents, newlyweds and those who have cooked for their families for years. Never worry about dinner again. The planning is already done.

作者介绍:

目录:

[What's-For-Dinner Cookbook 下载链接1](#)

标签

评论

-----  
[What's-For-Dinner Cookbook 下载链接1](#)

书评

-----

[What's-For-Dinner Cookbook 下载链接1](#)