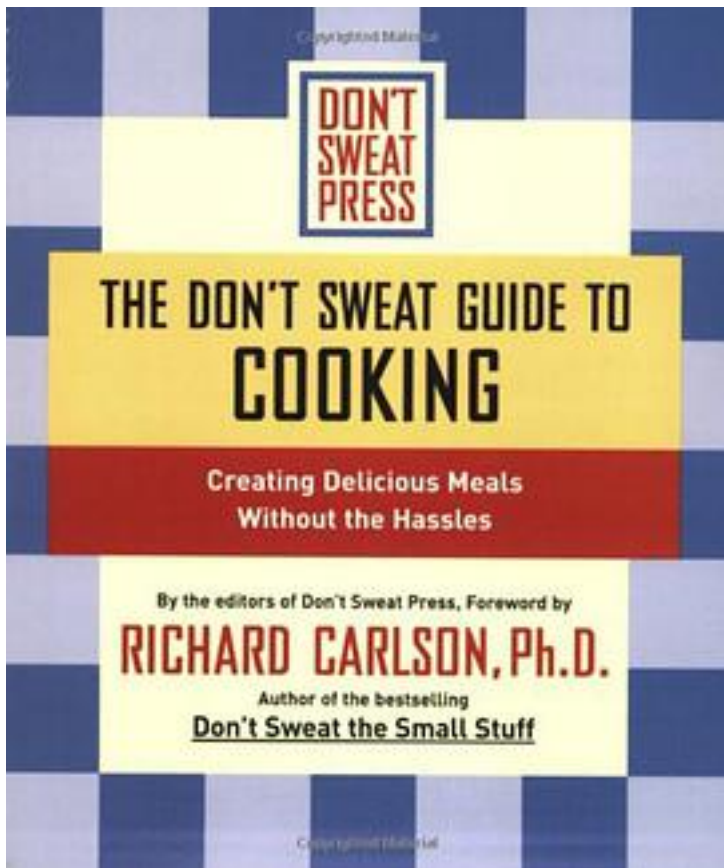


The Don't Sweat Guide to Cooking



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A new Don't Sweat guidebook, based on the bestselling Don't Sweat series by Richard Carlson, Ph.D. Learn how to keep it simple in the kitchen so that you focus on enjoying time with family and friends instead of trying to be a perfectionist.

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