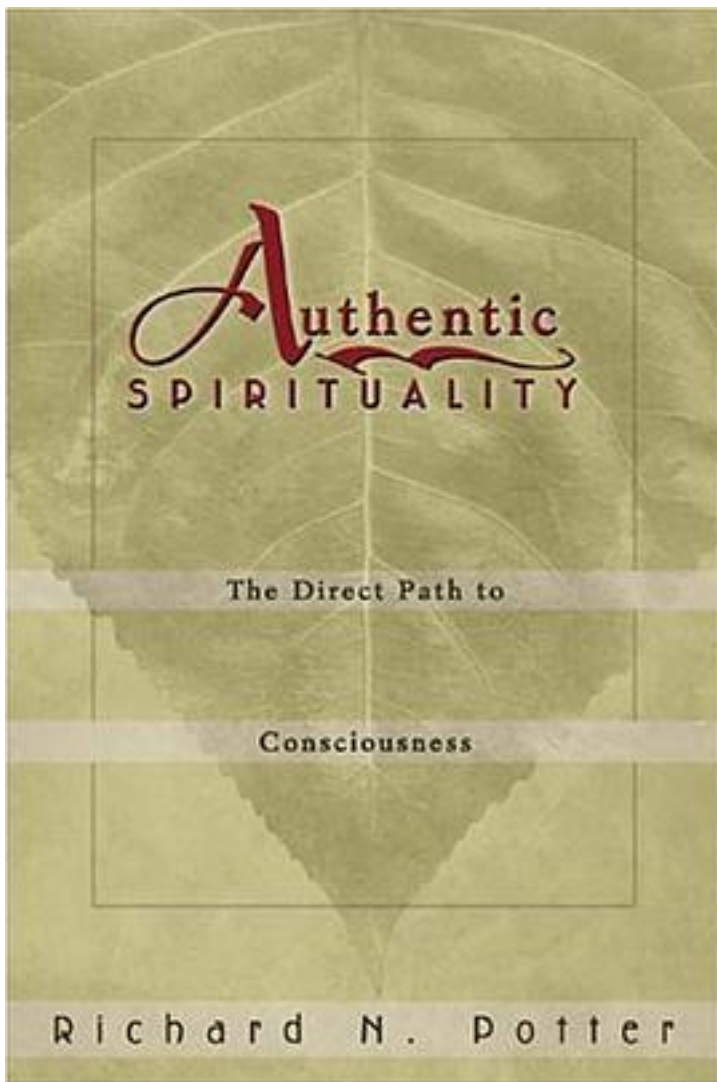


Authentic Spirituality



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This is the first modern work to probe the differences between culture-based spirituality and consciousness-based spirituality, helping you transcend cultural and religious myths to achieve heightened sensitivity, empathy, and psychological courage. Richard Potter explores consciousness-based spiritual paths and demonstrates how the experience of direct mysticism can help you to open your heart and live a life of clarity, joy, peace, and love.

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