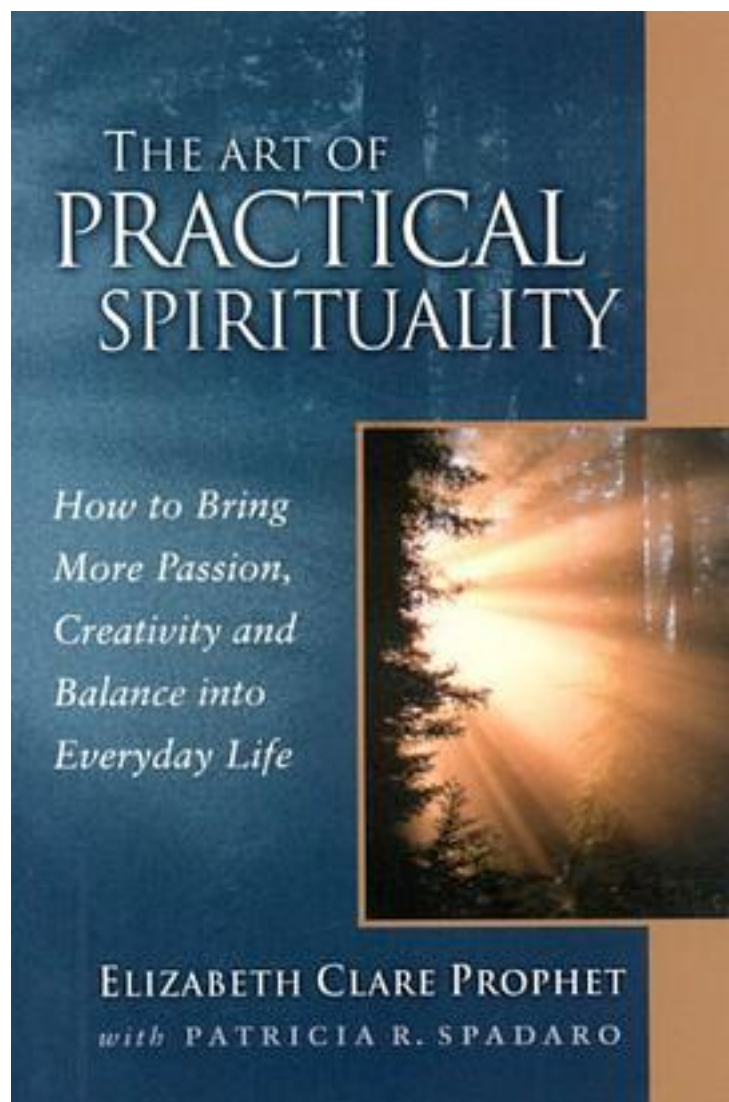


The Art of Practical Spirituality



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Create an intimate relationship with Spirit...This common-sense guide offers practical steps for staying in tune with Spirit midst the hustle and bustle of everyday life. For listening to the still small voice within. For living in the here and now. These keys, gleaned from the ancient wisdom of the world's spiritual traditions, also show how to discover your soul's core passion, create a sacred space, and use every encounter and circumstance as an opportunity to grow.

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