

One Hundred and One Salads



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A deceptively simple idea, salads can be a centerpiece or an accompaniment to any type of meal. The word "salad" comes from the French *salade* of the same meaning, which in turn is from the Latin *salata*, "salty," from *sal*, "salt." May Southworth's 1906 work provides readers with showcase salad recipes that show home cooks how to create a variety of salads, from the simple to the complex, utilizing meat, vegetables, fruits, and/or cheese.

作者介绍:

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