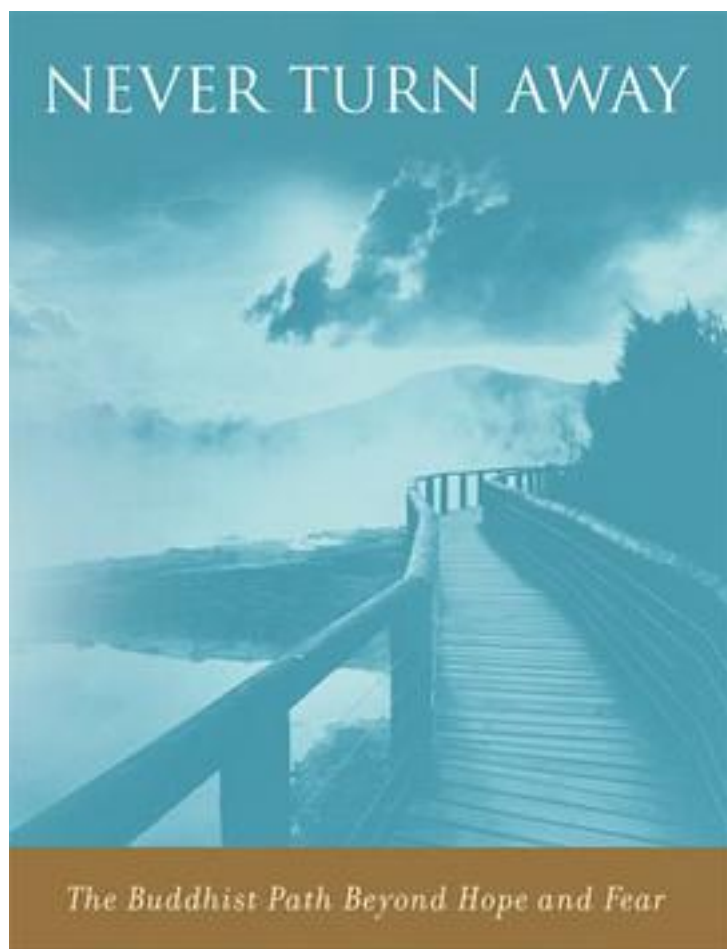


Never Turn Away



RIGDZIN SHIKPO

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著者:Shikpo, Rigdzin

出版者:Wisdom Publications (MA)

出版时间:2007-9

装帧:

isbn:9780861714889

The title for this stimulating book comes from the author’ s belief that humans should always turn toward the things that scare them, rather than away. This path of openness, clarity, and sensitivity is a hallmark of Dzogchen practice, and Shikpo has lived its truth so deeply that his words shine with authenticity. His writing, utterly unique and deeply experiential, gets right to the heart of Buddhist practice, with sparkling insight that helps even longtime Buddhists reinvigorate their practice.

作者介绍:

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