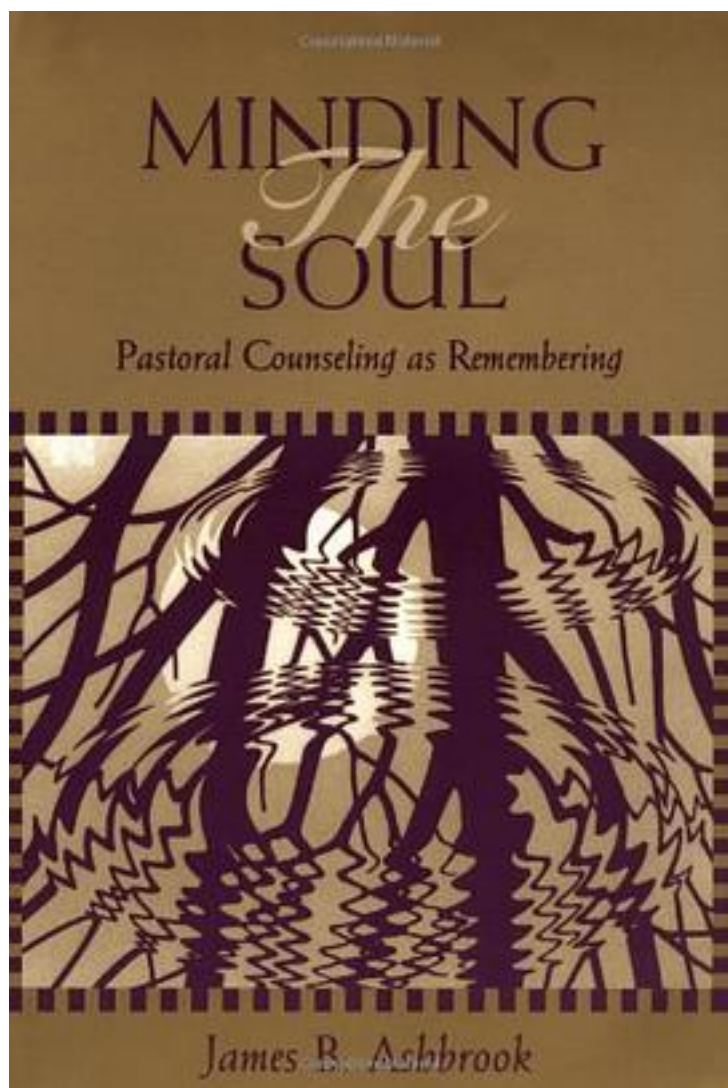


Minding the Soul



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出版者:

出版时间:1995-12

装帧:

isbn:9780800626730

Ministers, priests, rabbis, physicians, and therapists faced with their awesome role will appreciate Ashbrook's clear way of integrating medicine, psychology, and theology into a consistent framework for therapeutic practice. Part One unfolds the dimensions of being human-physiological, depth-psychological, interpersonal-to show how patterns of mere survival can be changed to patterns of growth. Part Two describes how to engage the souls of people in pain. It offers specific, step-by- step techniques to enable people psychically to turn again to life. Part Three presents the fuller picture of meaning-making activity-soul-making-that is the heart of human life, beginning with the counselor's own.

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