

# Fresh



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Bishop’s Restaurant is famous for its use of organic, locally grown produce and sustainable seafoods, from peaches to chanterelles, from Fanny Bay oysters to Fraser Valley lamb. Owner John Bishop regularly meets with the region's farmers and fishers, learning about their cultivation and conservation practices and building a community of growers as committed to good food and a healthy environment as he is. Fresh combines more than 100 of Bishop’s award-winning recipes with the stories behind the ingredients: where they come from, how they’re harvested, who nurtures them as they grow. Choose from luscious creations such as mascarpone cheese and tomato coulis, dry-rub pork ribs with corn muffins, or pan-roasted sablefish with mussel chowder, finished with a hazelnut tart or a steamed pudding with homemade jam. Packed with tips on preserving fruits and vegetables, Fresh is an exquisite homage to local, sustainable food and the committed growers who raise it.

作者介绍:

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