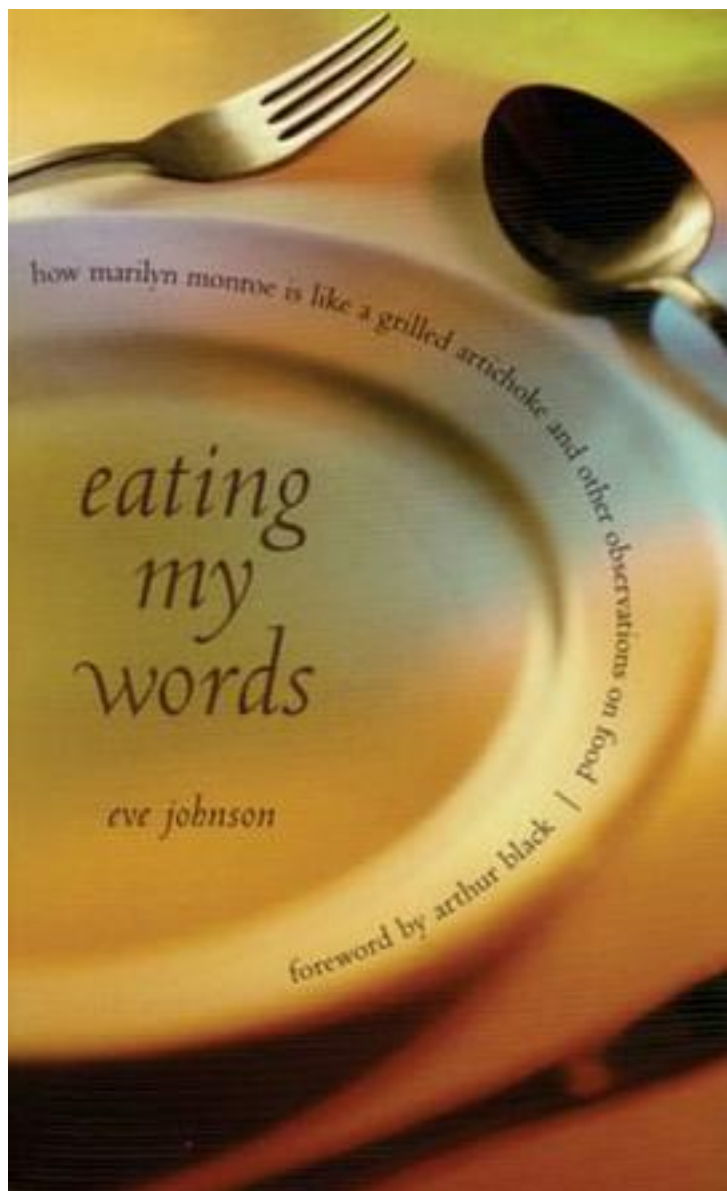


# Eating My Words



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Eve Johnson probes food, eating, and cooking in this rollicking collection of essays. With insightful and lyrical prose, she takes us from the social evils created by gin in early 19th-Century London and the invention of breakfast cereal in health spas to the present era, in which junk food gets a bad name from "the Twinkie Defense." "Eating My Words" contains a selection of simple and reliable recipes such as Grilled Artichokes, Mangoes and Sticky Rice--but consider yourself warned about The Crotchety Old Fudge.

作者介绍:

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