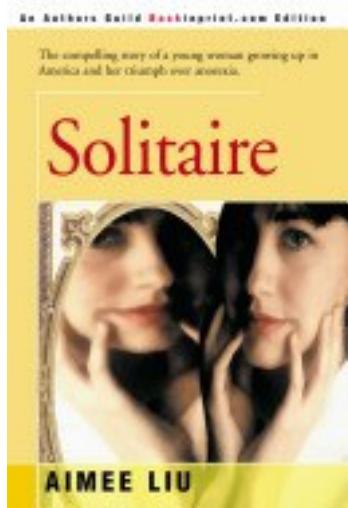


Solitaire



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著者:Aimee Liu

出版者:Harper Colophon Books

出版时间:1980

装帧:Paperback

isbn:9780060907679

Originally published in 1979*, when Aimee Liu was just 25 years old, SOLITAIRE is America's first memoir of anorexia. At a time when few doctors even knew the term anorexia nervosa, Aimee was fourteen years old when she reduced her body weight by one fourth. Her periods ceased. She became obsessed with counting calories. Though accepted by the world-class modeling agency, Wilhelmina, she soon lost too much weight to fit into the clothes she was supposed to showcase. For seven years, her compulsion to restrict her eating overshadowed her social, family, and school life. Yet, like most anorexics of her day, she was never diagnosed or treated. In SOLITAIRE Aimee chronicles the events that preceded her eating disorder, as well as the day-to-day realities of living in the grip of this self-defeating syndrome.

Though this original text is more than twenty years old, the anorexic experience is largely unchanged, and SOLITAIRE remains one of the most honest accounts ever written about life with an eating disorder.

* Note: The text in the 2000 re-reissue of SOLITAIRE is unabridged and unedited from the original.

"Miss Liu writes with a directness that is touching and at times profound."

-New York Times

作者介绍:

Aimee Liu is the author of three novels, one memoir, and a variety of nonfiction books on topics ranging from eating disorders to love and success. She also teaches creative writing in Goddard College's MFA program at Port Townsend, Washington.

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