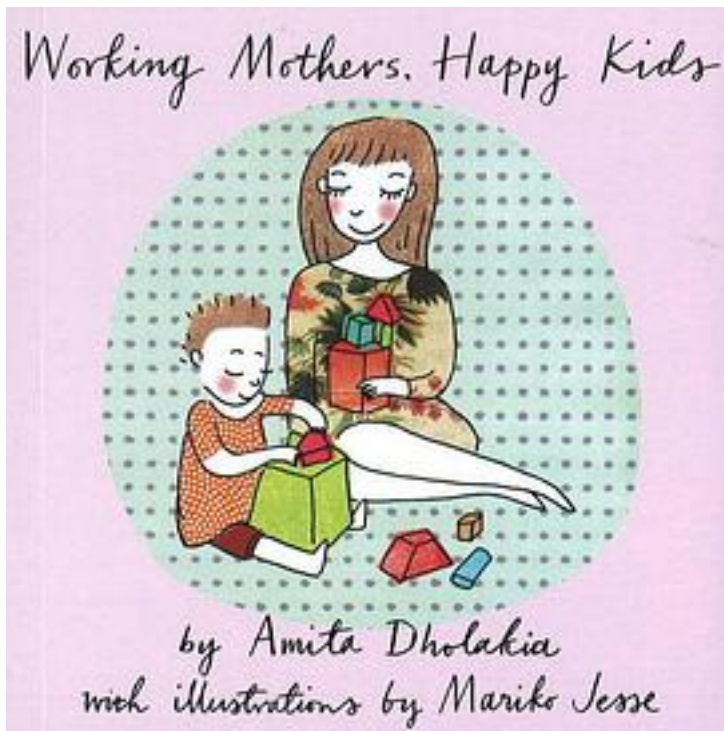


# Working Mothers, Happy Kids



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Liberation was meant to expand women's opportunities, not to limit them. One of the most hotly discussed issues of this generation is the working mother's dilemma: to quit mid-career, giving up money, status and stimulation to look after one's children; or to continue employment and leave the nurturing to someone else.

Active nurturing is the basis of this book. For employed mothers, it refers to the spirit of the time you spend with your children in a way that will make them feel encouraged, inspired, empowered, tickled or valued. Active nurturing does not require you to fill every moment of your time with your children with intense activities, but when you are

together, you should remember to be positive, warm and emotionally responsive. The 21 illustrated insights in this book, along with many that you will develop from your individual experiences with your children, will empower you to enrich your lives together.

作者介绍:

目录:

[Working Mothers, Happy Kids\\_ 下载链接1\\_](#)

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