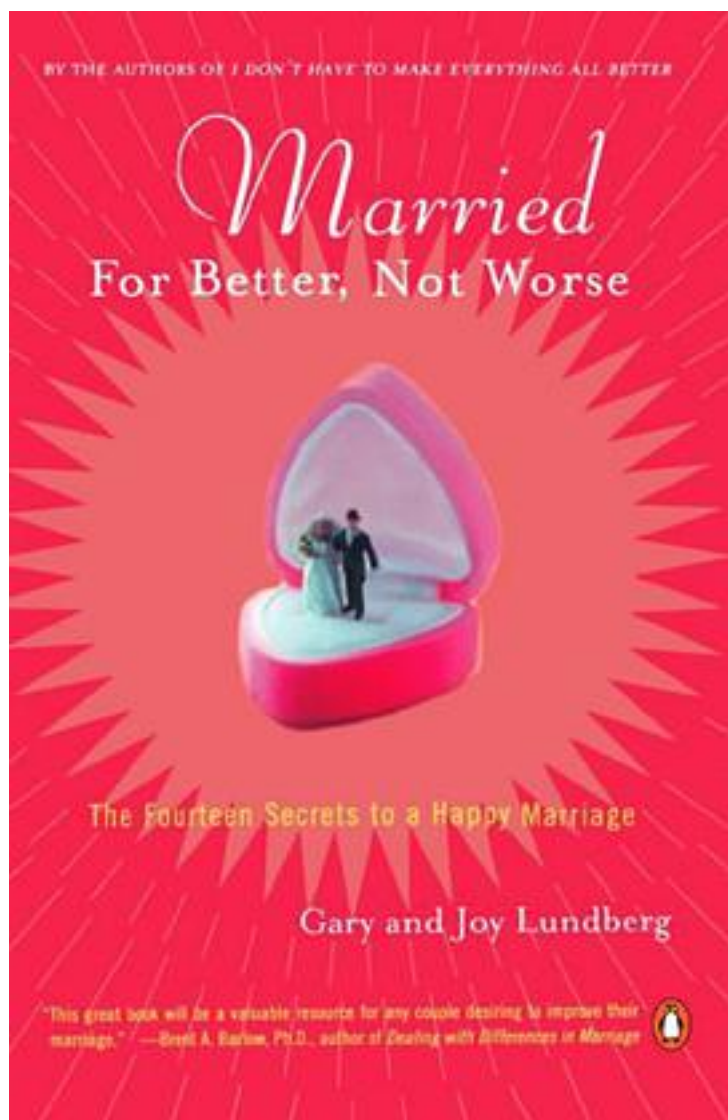


# Married for Better, Not Worse



[Married for Better, Not Worse\\_ 下载链接1](#)

著者:Gary Lundberg

出版者:Penguin Books

出版时间:2002-5-28

装帧:Paperback

isbn:9780142000878

Nearly every couple has some degree of difficulty in their marriage. Most are resigned to it, but Gary and Joy Lundberg believe there is a solution. Drawing on their extensive experience with marriage counseling and workshops, the Lundbergs reveal fourteen secrets every spouse should know. These secrets cover everything from finances and parenting to communication and sex, from being each other's best friend to keeping a sense of humor, and the surprising power of courtesy. Addressing the differing needs of men and women, they offer sensitive, realistic, and easy-to-understand solutions, drawing on examples from real-life couples' stories. They also include exercises, quizzes, and discussion topics that spouses can use alone or together to enhance communication and achieve emotional satisfaction.

"This great book will be a valuable resource for any couple desiring to improve their marriage." (Brent A. Barlow, Ph.D., author of Dealing with Difference in Marriage )

作者介绍:

目录:

[Married for Better, Not Worse 下载链接1](#)

标签

评论

-----  
[Married for Better, Not Worse 下载链接1](#)

书评

-----

