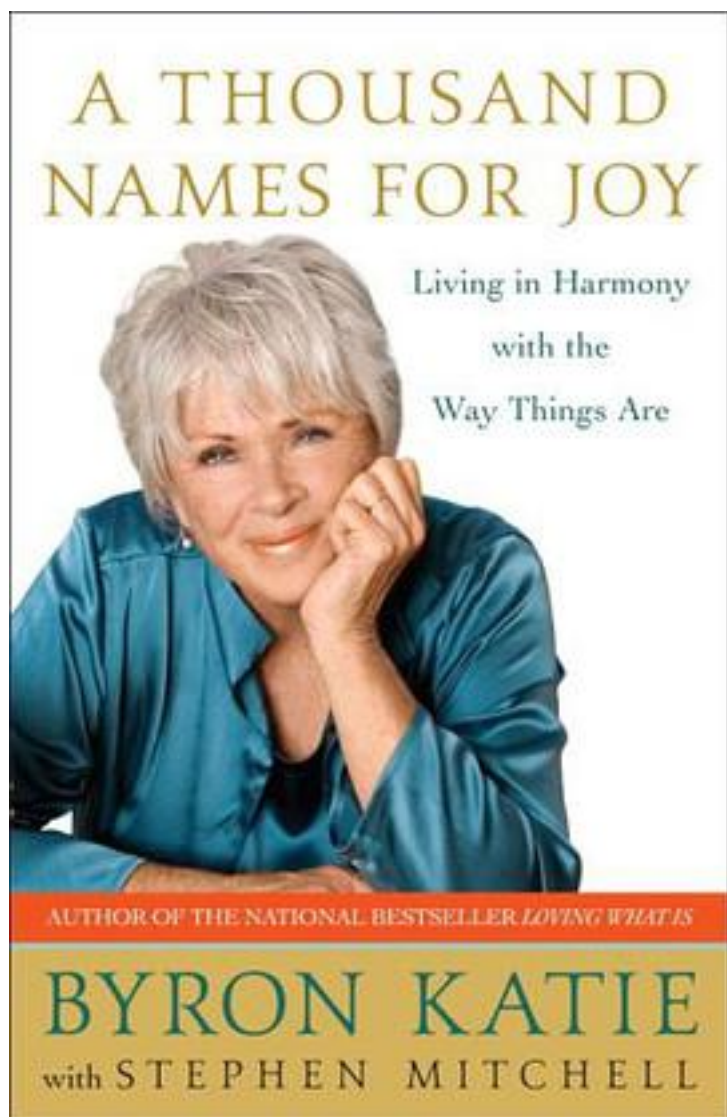


A Thousand Names for Joy



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“Byron Katie is one of the truly great and inspiring teachers of our time. I encourage everyone to immerse themselves in this phenomenal book.” –Dr. Wayne W. Dyer

In her first two books, *Loving What Is* and *I Need Your Love–Is That True?* Byron Katie showed how suffering can be ended by questioning the stressful thoughts that create it. Now, in *A Thousand Names for Joy*, she encourages us to discover the freedom that lives on the other side of inquiry.

Stephen Mitchell—the renowned translator of the *Tao Te Ching*—selected provocative excerpts from that ancient text as a stimulus for Katie to talk about the most essential issues that face us all: life and death, good and evil, love, work, and fulfillment. With her stories of total ease in all circumstances, Katie does more than describe the awakened mind; she lets you see it, feel it, in action.

作者介绍:

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评论

很想读一下这本我最喜爱的神棍 Byron Katie 对《道德经》的评价

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