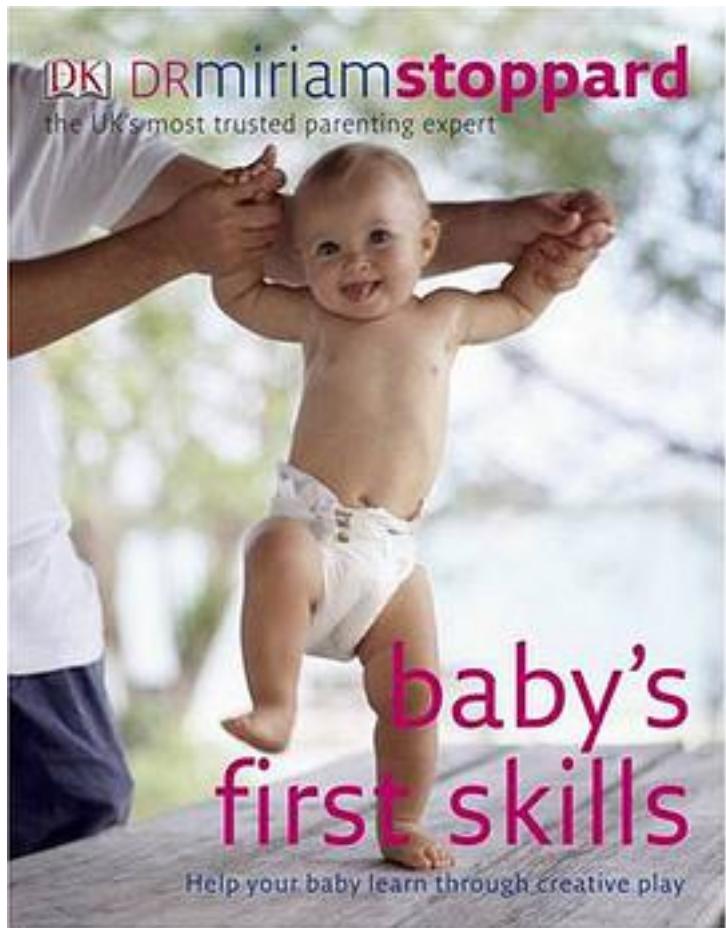


# Baby's First Skills



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This is an updated parents' guide to helping your baby develop through creative play, from expert Dr Miriam Stoppard. Bring out your baby's full potential with just a single 'golden hour of play' each day following expert advice from Dr Miriam Stoppard -

Britain's most popular and trusted childcare specialist. Discover how in just an hour you can help your baby develop during the first year: from their speech to movement, coordination and social skills, while bonding with them through play. 48 'golden hour' activities will help you get the most out of your time with your baby. From laughing games to matching and sorting, a month-by-month guide to activities means you'll know what to do with your baby when. This title is perfect for busy mums and dads.

作者介绍:

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