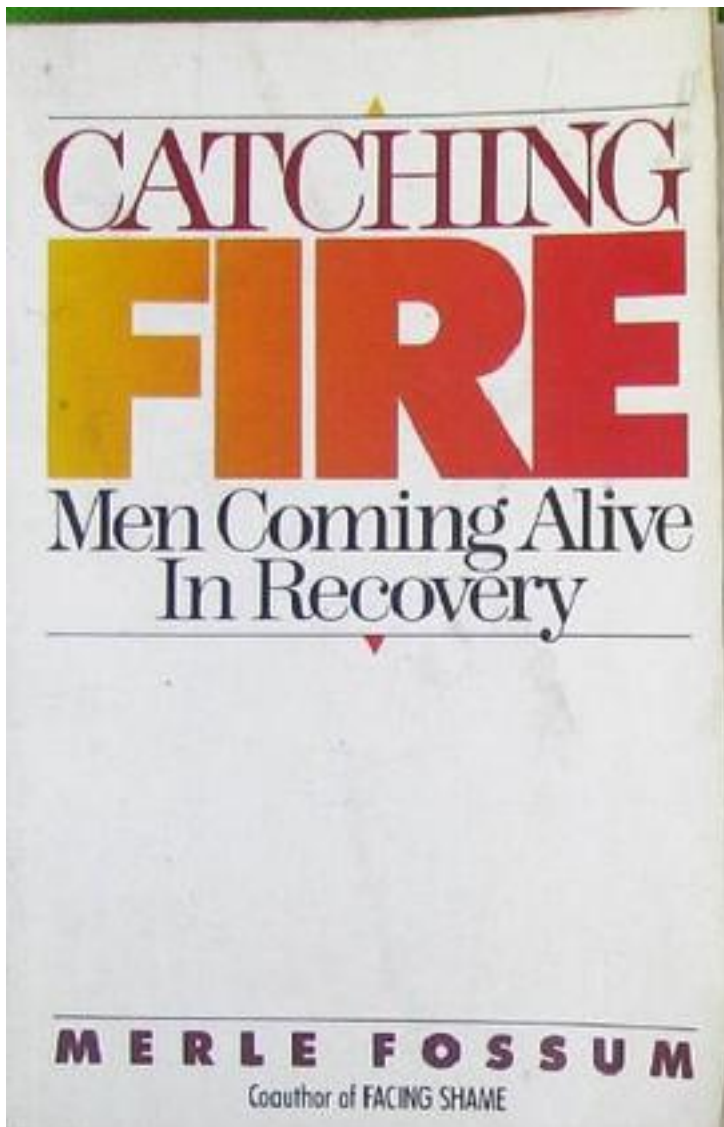


Catching Fire



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著者:Richard Wrangham

出版者:Basic Books

出版时间:2009-5-26

装帧:Hardcover

isbn:9780465013623

Ever since Darwin and The Descent of Man , the existence of humans has been attributed to our intelligence and adaptability. But in Catching Fire , renowned primatologist Richard Wrangham presents a startling alternative: our evolutionary success is the result of cooking. In a groundbreaking theory of our origins, Wrangham shows that the shift from raw to cooked foods was the key factor in human evolution. When our ancestors adapted to using fire, humanity began. Once our hominid ancestors began cooking their food, the human digestive tract shrank and the brain grew. Time once spent chewing tough raw food could be used instead to hunt and to tend camp. Cooking became the basis for pair bonding and marriage, created the household, and even led to a sexual division of labor. Tracing the contemporary implications of our ancestors’ diets, Catching Fire sheds new light on how we came to be the social, intelligent, and sexual species we are today. A pathbreaking new theory of human evolution, Catching Fire will provoke controversy and fascinate anyone interested in our ancient origins—or in our modern eating habits.

作者介绍:

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书评

Catching Fire是美国哈佛大学生物人类学教授 Richard Wrangham的新书，书名中的“点火”(catching fire)其实有更广泛的意义，指人类祖先在掌握点火之后开始的“煮食”行为，作者认为选择吃熟食和“煮食”本身同时对类人猿进化成人类过程中的身体结构变化和社会关系发展有着关键...

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