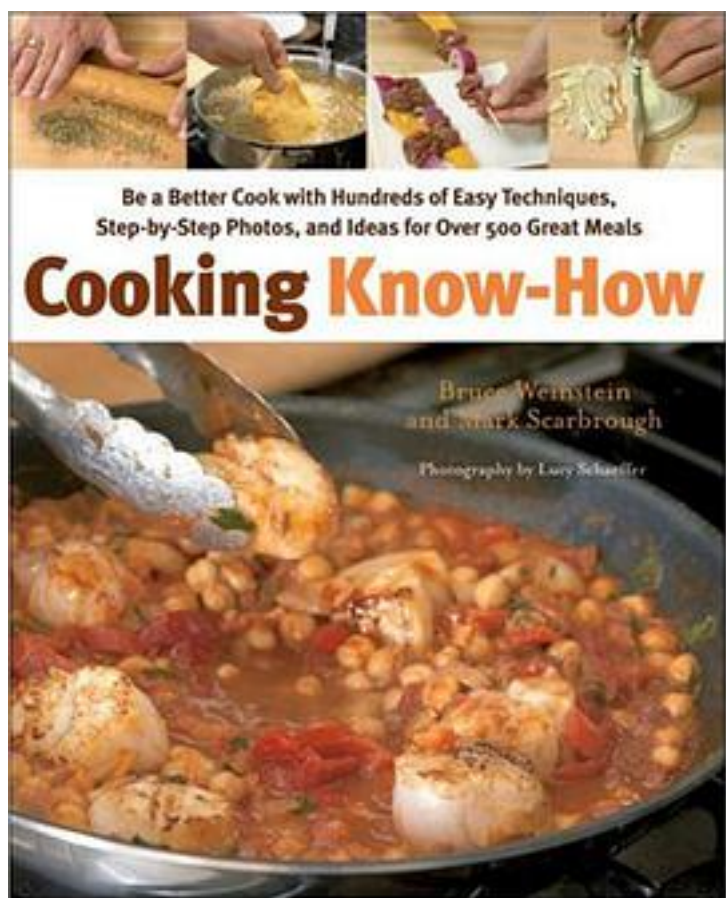# Cooking Know-How

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著者:Bruce Weinstein

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Bruce Weinstein and Mark Scarbrough, the creators of the bestselling Ultimate cookbook series, are known for their great recipes. But in their exciting new book, Weinstein and Scarbrough provide more than just recipes: they demonstrate the essential techniques people need to become more confident in the kitchen. Cooking

Know–How is organized around 65 "master recipes" for a wide range of dinnertime favorites, from Filet Mignon, Ribs, and Pot Roast to Enchiladas, Thai Curry, and Vindaloo. The authors use each master recipe as a jumping–off point to teach basic techniques, providing detailed step–by–step instructions along with full–color how–to photographs. Once cooks understand the techniques, they can try out one of the eight recipe variations the authors provide at the end of each master recipe section (for Bean Soup, for example, the eight choices range from Black Bean Soup to Minestrone). Or, even better, they can start improvising their own variations. Filled with authoritative how–to instructions, lively advice and asides, over 300 illuminating color photographs, and more than 500 terrific recipes, Cooking Know–How is a one–of–a–kind how–to cookbook––the ideal kitchen companion for both cooking beginners and veteran home chefs seeking to expand their skills and repertoire. Bruce Weinstein and Mark Scarbrough (Colebrook, CT) are the authors of the bestselling series of single–topic Ultimate cookbooks, including The Ultimate Ice Cream Book (978–0–688–16149–1). They are contributing editors to Eating Well and columnists for Cooking Light, Today's Health and Wellness, weightwatchers.com, and Relish. Weinstein and Scarborough also write regularly for other magazines and newspapers and have appeared on the Today show, the CBS Early Show, and The View , among other programs.

作者介绍:

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