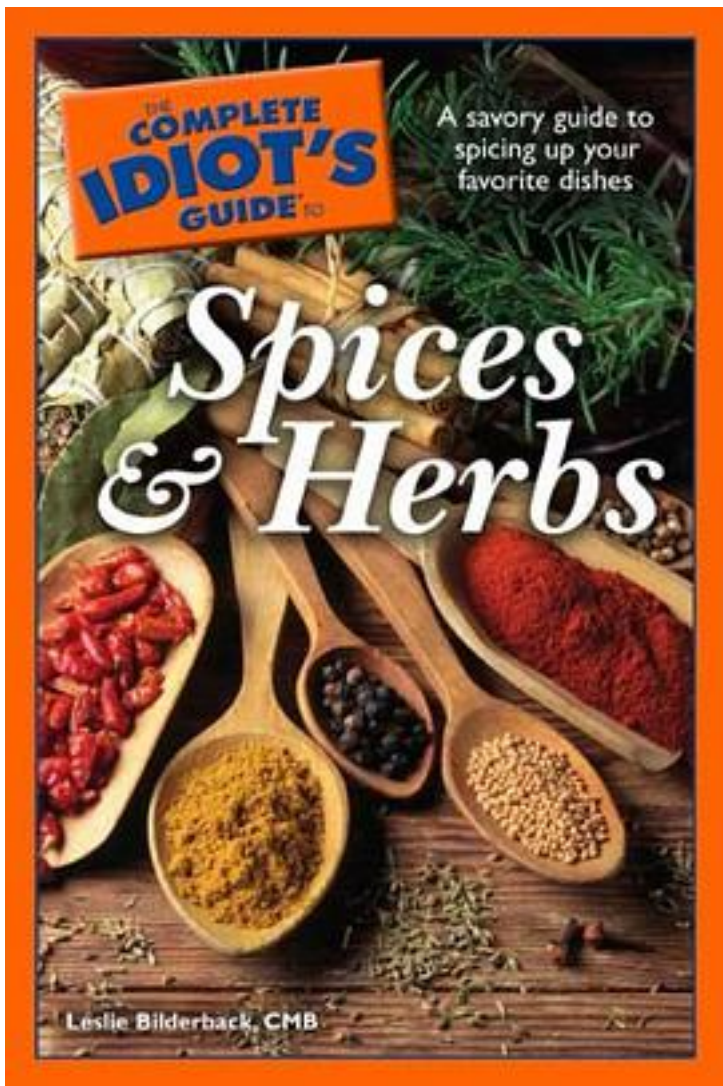


# The Complete Idiot's Guide to Spices and Herbs



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Zest it up!

Using spices and herbs—the key to any delicious meal—can be daunting with so many to choose from, not to mention the many possible combinations. In this book, a master chef and baker unlocks the key to the dazzling world of flavor by showing cooks of every level how to use and combine over 150 of the most popular spices and herbs. She also provides delicious recipes, fun facts, tips on storage, and a resource guide on where to get hard-to-find spices and herbs. The book also includes dozens of easy-to-follow and delicious recipes.

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