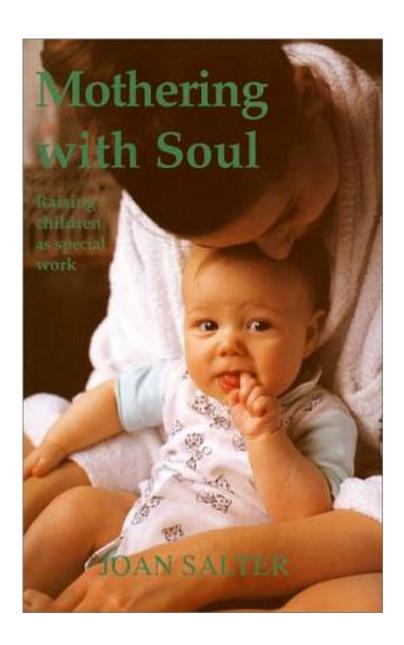
## Mothering With Soul



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Recognising that parents with young children are pressured into jobs and childcare when many would like to be full-time mothers and fathers, this text aims to portray mothering and creating a home as special work. It features women sharing their spiritual and practical experiences of motherhood. There are sections on: expecting; birthing; mothering; breast feeding; milks for weaning; the rhythms of the day; and the evolution of consciousness. Also included are: work outside the family; childcare; the growth of love; and grandmothers.

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