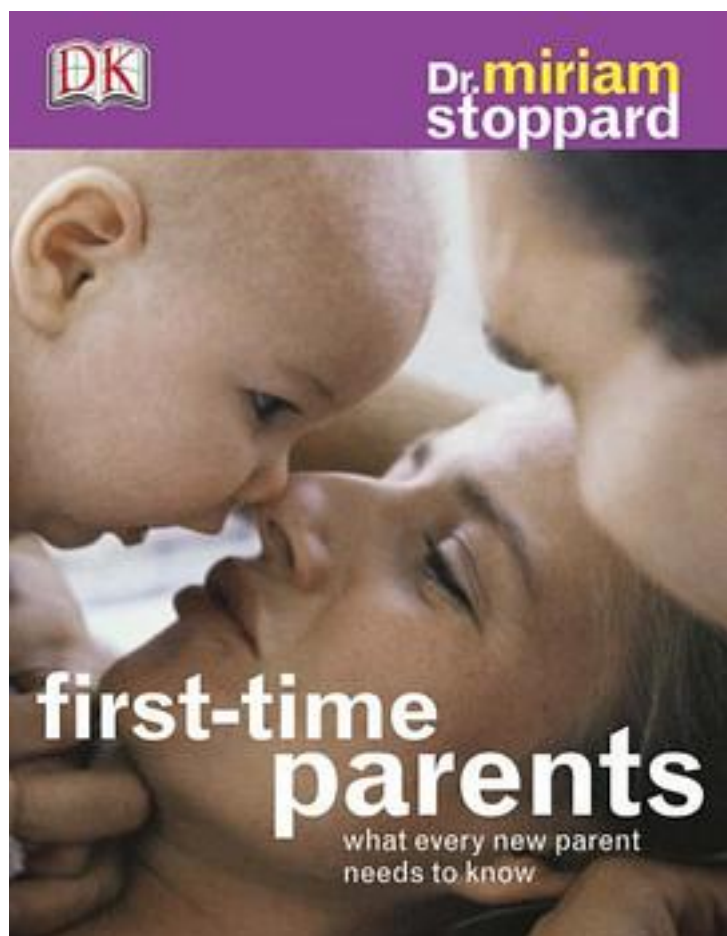


First Time Parents



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This is an updated guide to pregnancy and babycare during the first year, from expert Dr Miriam Stoppard. Find out what it's really like to have a baby and how to adapt to becoming a family from Dr Miriam Stoppard - Britain's most popular and trusted

childcare specialist. You'll learn everything you need to know; from what happens during pregnancy and birth, through to day-to-day baby care including feeding, washing and dressing. There's also guidance on adapting to parenthood and special features on common issues such as maintaining your relationship and going back to work. This work is perfect for telling you what to expect when you are pregnant and how to enjoy the first amazing year.

作者介绍:

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